



FEARNHILL SCHOOL

Headteacher – Mr T Spencer, BSc

Our ref: LRE/SCR

July 2025

Dear Parent/Carer,

Year 7 Food Studies - Cooking Ingredients Opt-In Payment

In Food Studies we operate an opt-in payment system for cooking ingredients. Instead of purchasing ingredients each week and having your child bring them to their lesson, you can opt in to have these purchased for you, by school, with a one off payment to cover the cost. We have found this to be very popular to cut down on food waste and last minute logistical issues.

Year 7 students will cook 9 times across their 18 food lessons, on rotation. This may not be in the Autumn term, however all students will be taking part in the same series of Food lessons across their first year at Fearnhill.

They will be making:

<i>Fruit kebabs</i>	<i>Pizza pinwheels</i>	<i>Tortilla pizzas</i>	<i>Quick veggie rice</i>	<i>Pasta salad</i>
<i>Fruit crumble</i>	<i>Cheese scones</i>	<i>Fruity fibre flapjack</i>	<i>Chocolate chip cookies</i>	

In order to cover the cost of all ingredients we ask for a payment of **£14.50 per student**. This works out as just over £1.50 per practical session, including something to bring the dish home in. It will also cover the cost of a taste testing session that is due to take place.

This is an opt in system. If you choose not to opt in then you are taking responsibility to provide your child with all the ingredients needed each week from the recipe booklet published on Google Classroom. Continued failure to bring in ingredients may result in students missing out on practical skills and being asked to complete relevant and active theory work alongside the practical activity taking place.

We can and will of course be able to adapt recipes or purchase ingredients to meet any specific dietary allergies or intolerances, therefore parents of students with dietary related issues can still opt in. Please ensure that all students' allergies and intolerances are up to date with the school office.

If you wish to opt in, please pay £14.50 via Arbor by **Friday 17th October**. If you have any concerns regarding payment please email admin@fearnhill.herts.sch.uk.

I do hope you will find this system cheaper and easy to use.

Yours faithfully

Ms Rouse
Head of ADT Department

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