



Careerfile - Issue 34 22nd July 2024

### Summer, Summer, Summertime

And just like that, that's a whole term of Careerfiles published already! Thank you so much for reading and supporting the school and your child through the most important days of their young lives, navigating their future via their education.

This platform offers support with the whole progression process - from exploring students' interests, to recording the great things they've done, to finding education and training opportunities, to drafting their applications.



## **Work Experience**

If students take part in any work experience over the Summer I would love to hear about it! Whether it be going to work with a relative or friend for a day or more, completing one of the virtual opportunities that has been emailed to you or anything else you do that gives you an insight into the world of work then email me.

## Parents' Guide to Getting Ahead in the Summer Holidays

It will soon be the holidays! Preparation is key to success, so it's a good idea to plan ahead. There's a lot to keep on top of throughout Years 10-13, so the "What's next" tab will always contain information that's especially relevant at certain times of the year.

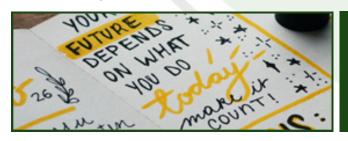
The advice is not to dwell on what they may have missed but focus on using the summer to boost their experience to help them prepare for the autumn term and future applications they will want to make. This website is packed with ideas. You can view/purchase various publications here:

www.theparentsguideto.co.uk/whats-next

It is suitable for parents of teens aged 14-19 and includes information on:

- Making the most of the summer holidays;
- · Boosting knowledge;
- Researching apprenticeships and university courses;
- · Writing a personal statement;
- Preparing to leave home;
- · Protecting mental wellbeing.

### Ms Balchin, Head of Careers, WRL & PSHE



Look out every fortnight for new features all things career related!

**GCSE Results Day** 



Year 13 Results Day



## **Services for Young People**



**Hertfordshire County Council Services for Young People** Letchworth Young People's Centre

Letchworth Town Hall Broadway, Letchworth SG6 3PF

Open every **Tuesday and Thursday** 11am to 5pm

For details of our evening projects at this venue. contact the North Herts Team or scan the QR code.

Young people can get information, advice and support with a range of issues, including:

- Mental, emotional and physical health
- Healthy relationships
- Sexual health, including free condoms
- Personal safety
- Benefits and finances
- Alcohol and drug use
- Smoking and vaping
- For those not at school or college we help you find a course, job or apprenticeship

or young people aged 11-19, up to 25 for care leavers and those with special educational needs and disabilities (SEND).

Don't forget... any worries over the summer about plans for college/job/apprenticeship/training: please appointment at their drop-in centre in Stevenage for friendly advice either by phone: 01438 843340 or text: 07860 065178.

The Letchworth site is located in the Town Hall, Broadway, and offers information, advice and guidance on learning, jobs, health & personal development and volunteering. They are open Mondays, Wednesdays and Fridays 3-6pm where you are always made to feel welcome. Call 01438 843340 to make an appointment.

The team can give you up to date information on local college courses, advice on financial help towards books and equipment for college, sign you up to receive text alerts for apprenticeships/jobs, help you to put together a CV, perfect your interview technique &/or perhaps consider training courses which provide a stepping stone before moving on. They will be available to chat to you around Results Days if you find your plans have changed or want to look at other

Tel: 01438 843340 Text: 07860 065178 sfyp.northherts@hertfordshire.gov.uk www.servicesforyoungpeople.org

M (7) (2) @HCCSfYP

options.

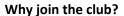






## **Doctors Live**

This is an opportunity for students across all years who are passionate about gaining an insight into the world of medicine, Healthcare & STEM. Delivered by doctors to inspire the next generation of Healthcare Professionals.



Are you interested in a career in Healthcare or Science? or just curious to learn new things in a fun and engaging way, then this club is for you. Using 3D virtual anatomy we cover all the organ systems in the human body, how they work and what could go wrong in a fun and interactive way.



Covering fascinating topics to spark your interest



Suitable for all abilities



Fun & interactive



Perfect for aspiring health professionals



### **Get Smarter**

You'll learn tonnes of new scientific facts to broaden your horizons.



#### **Have Fun**

Every session is interactive and engaging. We want you to leave feeling inspired!



### **Inspiring Teachers**

Our tutors are all qualified NHS doctors passionate about teaching. The have been teaching for over 10 years.



## **HOP into Careers**





#### HOP IS THE ONE-STOP SHOP FOR TALENT

Powered by Hertfordshire Local Enterprise Partnership, students, employers, residents wishing to upskill, are now able to HOP into all the resources they need to make informed career decisions and build a future talent pipeline.

HOP is the premier gateway in Hertfordshire to find out about:

career path options
 employment opportunities
 apprenticeships & work experience

skills development & professional qualification programmes

#### THE HOP STORY

In 2018, Hertfordshire LEP recognised the need for students, employers and training providers to access advice and guidance on qualifications and apprenticeships via one portal. Students from Thomas Alleyne Academy in Stevenage came up with the name Hertfordshire Opportunities Portal, and that is how HOP sprung into life!

#### **OUR VISION**

For HOP to become the go-to portal for skills training and apprenticeships information and for it to become a beacon of excellence across the country.

#### **HOP** will enable:

- Residents to access the information they need to make informed decisions on career path options including
- Further Education, Higher Education, professional qualifications, work experience and job opportunities
- Employers to reach/recruit future talent and upskill/provide progression opportunities for existing staff
   Training providers to tailor the local offer in order to meet current and future business needs

### **HOP – A CELEBRATION OF TALENT**

As well as being a vital talent resource for our county, HOP is a celebration of Hertfordshire's achievements in skills, careers and apprenticeship initiatives. HOP will be celebrating:

- Our ambitious employers who are driving growth through offering high quality skills & WEX opportunities,
- Our young apprenticeship ambassadors and their achievements on completion of their qualifications
- Our training providers who deliver high quality learning programmes impacting both business and individual
- Our schools and careers advisers, who do remarkable work ensuring their students can make an informed decision on their post 16 and post 18 career pathways and
- Our ambassadors and stakeholders in skills who tirelessly promote the benefits of lifelong learning.

Have a skills story to celebrate - get in touch and we will shout about it for you.

### **NOW & BEYOND**

- HOP is on the smart phone of every Hertfordshire resident aged 14-24 (and their parent/carer) to enable them to make an informed decision on their future career path options
- The HOP website is used by all Hertfordshire employers as the go-to service to enable them to reach and recruit their future talent and post all their work experience, apprenticeship and graduate job vacancies.
- HOP is the go to portal for our residents looking to gain employment, retrain or return to work.
- HOP is accessed by all Hertfordshire employers and their employees who are looking to further develop their professional qualifications and understand pathways and skills programme available.
- HOP is a beacon of excellence for all future skills and development programmes across the country, shining a light on Hertfordshire's achievements.

#### WHAT ARE YOU WAITING FOR?

HOP into www.hopinto.co.uk and start preparing for success!

## **Preparing for Your Future**

### Year 11 into 12 Students

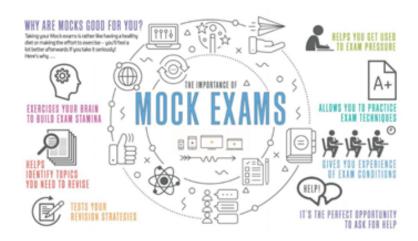
The Year 11 into 12 induction took place on Wednesday last week. We hope all those who attended enjoyed it and got a taste of what is to come on the next stage of their school journey. We look forward to welcoming them officially to Year 12 in September.

"I found the Induction Day very nice. It gave me and the others a real feeling on what sixth form life is like, what lessons there are and how they're carried out by the teachers. It was a really good day."

"It was an interesting insight into what 6th form life will be like."

### Year 10 Mock Exams

Well done to Year 10 who completed their End of Year exams on Friday 5th July. These 2 weeks were a chance for this cohort to show just how much they know on their subjects and use the results and feedback to stand them in good stead for the real thing next year. It is also a chance to see how well they have put their new-found knowledge of study skills into practice and where they need to improve their retrieval and memory.



# Year 10 Experience of Work

Year 10 students have now completed their virtual work experience in PSHE. The feedback from students has been really positive. They feel they now have a better insight into the work place and greater knowledge of employer expectations. Here is the last of the, 'good work qualities to help impress employers' for the school year...

#### Accountability

Employers value the ability to handle accountability, which includes taking full responsibility for any failures you cause or experience. They tend not to favour candidates who look for excuses or find ways to pass the blame to co-workers, as this can cause disruption in the workplace. Being able to recognise your mistakes means you're able to learn from them to avoid similar situations in the future. It's also equally important to take pride in your successes.

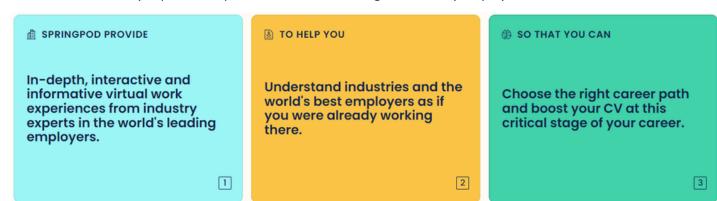


# **Springpod**

## Find the right career path for you, in your own time!

Navigating the world of work can be daunting and stressful. We understand, we've been through it with thousands of students, we feel your pain. Complete our experiences around your studies and begin your career now.

Connect with industry experts, complete mini-activities, and get noticed by employer



## How it works X



### STEP 1

### Fit the experience around your schedule

Our programmes usually involve 10 hours of activity which you have two weeks to complete. You can fit this around your schedule and complete the

work in your own time.

STEP 2 Join talks with industry professionals

You'll hear from industry experts during our engaging talks. This will give you the chance to understand what their roles really resolve.





STEP 3 **Experience real workplace activities** 

Complete mini-activities, projects and quizzes developed in partnership with leading employers to get a feel for the world of work

Latest work experience programmes 🚀



What is Virtual Work Experience with Springpod?

Find the right career path for you, in your own time! 100% Free Virtual Work Experiences with leading employers. Enhance your CV now!

springpod.com



## **Important Dates for your Diary**

## A Level Results Day - Thursday 15th August

Results will be emailed to student school email accounts

## Year 11 GCSE Results Day - Thursday 22nd August

Results will be emailed to student school email accounts

# **Apprenticeship FAQs**

Solve real-world problems to make sure every part of the system functions as it should with engineering and electrical apprenticeships

As an engineer, you need to be a creative thinker, a problem solver, a communicator and a team player, constantly changing the world with solutions to improve people's lives. The world is alive with technology—from washing machines, televisions, computers and central heating boilers, to cars, trains and aircraft—the list of devices and systems that we use and enjoy on a daily basis is almost limitless.



Any questions please contact us.

# **Special Mention - End of Year**

A special mention to Year 11 and 13 who will be receiving their results this summer. I really hope you get the results you deserve and wish all those moving on all the very best for the future.

Be good. Be kind. Be safe.

Have a great summer!



# **Key Word/Phrase of the Fortnight**



# **Obscure / Obsolete Job Titles**



# acker

made cutting tools, such as scythes and billhooks. Can also refer to a person who used cutting tools, such as a carpenter.

## **Medic Mentor**

## Real Students. Real Journeys. Honest Reviews.

Pursuing your dream of becoming a doctor may feel overwhelming, but remember that countless successful doctors have faced similar challenges and doubts. Believe in yourself and your abilities, focusing on your strengths and passion for medicine. Medic Mentor and its community of supportive students and mentors are here to guide you. Embrace the journey, knowing that success comes from resilience and learning from setbacks. Trust in your intelligence, drive, and passion, taking it one step at a time and seeking support when needed. Never lose sight of your dreams, for you have what it takes to achieve them.

The Medic Mentor website has numerous videos of med students sharing their journey. Dion graduated from Cardiff University. Click <u>here</u> for Dion's story.



## **Opportunities for Year 10-13**

### **Medic Mentor Work Experience - Emergency Medicine**

This programme is comprised of six sessions which will follow six different patient pathways.

This will give you a broad overview of healthcare from the medical, surgical and general practice perspectives, and will demonstrate the breadth of specialties offered within a medical career. Each session will also focus on



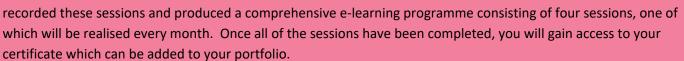
the different skills, values and quality of care domains required by a doctor, knowledge of which is essential to demonstrate throughout your application, in both your personal statement and in your interview. The programme has been designed as a spiral curriculum where each week you will acquire new knowledge, as well as building on what you have learnt from the previous sessions, all to help maximise and consolidate your learning.

This months session covers Emergency Medicine This course will be available from the 08/07 to 08/08/2022 Enroll here: https://wexlibrary.yourmedicfamily.org/courses/medic-mentor-work-experience-emergency-medicine/

### **Dental Mentor Work Experience - Paediatric & Dental Surgery**

Dental Mentor are committed to ensuring that students still have the opportunity to gain valuable insight into dental careers and high quality application support. As part of the UK's largest medical family, we welcome you to participate in our free virtual work experience programme.

These sessions were held live last year, and due to high demand we have



This course will be available from the 08/07/2024 to 05/08/2024

### Vet Mentor Virtual Work Experience - Small Animals & General Health

In this session, we will be exploring small animal general health! Although vets are prepared to deal with sick and critical unwell animals, vets also have a responsibility to give good general health advice to keep healthy animals healthy! After all, prevention is better than cure.



DENTAL WORK

EXPERIENCE SESSION ORAL SURGERY

Throughout the day, we will explore all aspects of small animal general health from vaccinations, nutrition, dentistry, clinical examinations and much ore. You will be able to watch our live vet dealing with real patients and their owners in a consultation room, and there will be teaching sessions with the Chief Mentors to discuss what you have seen and learnt. General health is the core to good animal health and welfare, so this is set to be an informative and inspiration day as part of Vet Mentor's Work Experience Programme.

Veterinary Mentor are committed to ensuring that students still have the opportunity to gain valuable insight into veterinary careers and high quality application support, even in these difficult times. As part of the UK's largest medical family, we welcome you to participate in our free virtual work experience programme.

These sessions were held live last year, and due to high demand we have recorded these sessions and produced a comprehensive e-learning programme consisting of six sessions. Once all of the sessions have been completed, you will gain access to your certificate which can then be added to your portfolio.

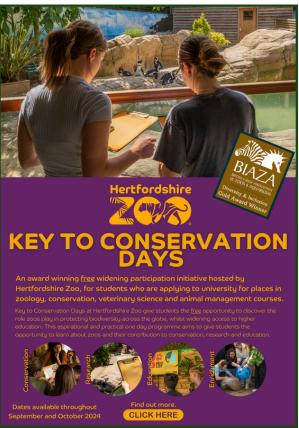
Our 6-day programme will take you across the entire veterinary profession and give you a taste of the diversity the degree offers, and show you what skills and attributes are needed to be a great veterinary surgeon!

One session will be released every month.

This course will be available from the 08/07/2024 to 05/08/2024

# **External Opportunities**









Students are advised to check their school email accounts weekly, if not daily! Careers information and opportunities are sent regularly and we wouldn't want them to miss the deadlines. These are copied to parents/carers as well for reference. A few of these opportunities are listed here.