



Key Stage 4 Curriculum Overview - PSHE



	Yr 10 Half Term 1	Yr 10 Half Term 2	Yr 10 Half Term 3	Yr 10 Half Term 4	Yr 10 Half Term 5	Yr 10 Half Term 6
Year 10	<p><u>Health and Wellbeing</u></p> <ul style="list-style-type: none"> • How can we manage our time effectively? • How can we manage social anxiety? • Study skills – how do I use the powers of the mind and memory? • How does social media impact my self-esteem? • Internet safety – what are the dangers of excessive screen time? • Can tattoos and piercings be dangerous? 	<p><u>Health and Wellbeing</u></p> <ul style="list-style-type: none"> • How can we take steps to live more sustainably? – carbon footprint • How can we manage grief and bereavement? • Why so some people commit suicide? • What is binge drinking and what are the risks? • What are hate crimes and why do people still do it? • Why do some people become homeless and why is homelessness on the increase? 	<p><u>Living in the Wider World</u></p> <ul style="list-style-type: none"> • How do we choose a career that suits your personality, ambition and qualifications? • Why pursue a career in the STEM industries? • How can we successfully prepare for work experience? • What rights and responsibilities do we have in the workplace? • What are employers looking for in CVs? • What is money laundering and why are some students taken in? 	<p><u>Living in the Wider World</u></p> <ul style="list-style-type: none"> • British Values – how does the criminal justice system work? • What is anti-social behaviour and how does it affect communities? • What are the key features of crime, gangs and county lines? • What is Fake News and why do we need critical thinking skills? • What is overt and covert racism and why are people still prejudiced? • Why do some religious people become terrorists? 	<p><u>Relationships (RSE)</u></p> <ul style="list-style-type: none"> • 1. Do we have healthy or unhealthy relationships with our role models? • 2. How can we manage conflict in our relationships successfully? • 3. Why do sexism, gender prejudice and stereotypes still exist? • Why do we still need an International Women’s Day? • What are forced and arranged marriages and what do we need to know? 	<p><u>Relationships (RSE)</u></p> <ul style="list-style-type: none"> • What are the issues around same sex relationships? • What are the key issues around gender and trans-gender in our society today? • Revenge porn – what is this and how can we prevent ourselves from being victims? • What is community cohesion and why is this important?
Year 11	Yr 11 Half Term 1	Yr 11 Half Term 2	Yr 11 Half Term 3	Yr 11 Half Term 4	Yr 11 Half Term 5	
	<p><u>Living in the Wider World</u></p> <ul style="list-style-type: none"> • How do I revise for my GCSEs and what are good study skills? • Transition - How do I apply to 6th form college, other colleges and University? • How do I become more independent in my living? • How can we successful prepare for a job interview? • Why is Health and Safety at work so important? • How can trade unions protect our rights at work? 	<p><u>Living in the Wider World</u></p> <ul style="list-style-type: none"> • What is cyber-crime? • Internet safety – what is the Dark Web? • Globalisation – how does it affect us? • How can we protect animal rights and aid sustainability? • How is plastic pollution destroying our environment? • What is multiculturalism? • What is right-wing extremism? 	<p><u>Health and Wellbeing</u></p> <ul style="list-style-type: none"> • Why is PSHE so important throughout my life? • How do I effectively take risks? • How do I ensure my personal safety in the wider world? • Privilege – how does this affect us all? • How do I ensure perseverance and not procrastination? • How can we celebrate diversity and our varied identities? 	<p><u>Health and Wellbeing</u></p> <ul style="list-style-type: none"> • What is body positivity and why is this controversial? – focus on issue of obesity • Why do we need sleep and how does sleep deprivation affect us? • Why is our digital footprint important? • What are the dangers of gambling and online gambling? • How can we make ourselves and others feel more positive and why is happiness important? 	<p><u>Relationships (RSE)</u></p> <ul style="list-style-type: none"> • What are the main relationship types? • 3. How do you handle relationship break ups? • 2. What is “good” sex? • What was the “Chem sex” scandal and what do we mean when we talk about safe sex? • 1. Why is it essential we know about consent, rape and sexual abuse? 	

