



	Yr 7 Half Term 1	Yr7 Half Term 2	Yr7 Half Term 3	Yr7 Half Term 4	Yr7 Half Term 5	Yr7 Half Term 6
<b>7</b>	<p><b>Relationships (RSE)</b></p> <p>How do I keep good friendships going and avoid toxic ones?</p> <p>Family relationships – what are the different types?</p> <p>Why do families not always get along?</p> <p>What is consent and why is it important? (from year 8)</p> <p>Loving relationships – what does it mean to fall in love?</p> <p>How do we deal with new feelings?</p> <p>What is my personal identity and why is diversity important?</p>	<p><b>Health and Wellbeing</b></p> <p>Transition – Where do I start?</p> <p>Why is PSHE important?</p> <p>What is a healthy lifestyle?</p> <p>How can I keep healthy?</p> <p>How do I eat responsibly?</p> <p>What are the consequences of not eating healthily?</p> <p>Why is exercise important?</p> <p>What's the danger with energy drinks?</p> <p>What are the dangers of cigarettes and alcohol?</p>	<p><b>Living in the Wider World</b></p> <p>What does it mean to be an aspirational student?</p> <p>1. Why is self-esteem important?</p> <p>What are wants and needs and why do we need to know the difference?</p> <p>2. How can we enjoy social media safely?</p> <p>3. What is stereotyping and prejudice? - racism focus</p>	<p><b>Health and Wellbeing</b></p> <p>1. Puberty – what happens, when and why?</p> <p>1. Periods – what happens, when and why?</p> <p>2. What are mental health issues? – depression focus</p> <p>2. How can we manage our anger?</p> <p>3. FGM – what is this and why is it so dangerous?</p> <p>3. What are drugs (class A, B and C)?</p> <p>3. Why are drugs dangerous?</p> <p>Assessment</p>	<p><b>Living in the Wider World</b></p> <p>HT3 catch up due to assessment.</p> <p>1. How can we budget our money?</p> <p>How can I create a personal budget plan?</p> <p>2. What are savings, loans and interest?</p> <p>What are the different types of financial transactions?</p> <p>What are the different types of financial products?</p> <p>3. How can we shop ethically?</p>	<p><b>Relationships (RSE)</b></p> <p>1. Bullying or banter – what is the difference?</p> <p>1. Why do people bully others and how can we stop it?</p> <p>2. What is cyberbullying and why do people bully online?</p> <p>2. How do we keep safe and keep positive relationships online?</p> <p>3. Extremism – why does radicalisation happen and how does it challenge our values?</p> <p>Assessment</p>
	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
<b>Year 8</b>	<p><b>Relationships (RSE)</b></p> <p>How does the media impact body image? - focus on boys</p> <p>What is pornography and why can it be dangerous?</p> <p>What is sexting and why is it so risky to send personal images?</p> <p>What is consent and why is it important?</p> <p>What is safe sex? What is abstinence?</p> <p>How do we avoid STIs?</p> <p>Domestic conflict – what is it?</p>	<p><b>Living in the Wider World</b></p> <p>Why is our environment changing?</p> <p>How can we care for our environment?</p> <p>Stereotyping, discrimination and prejudice – how are things portrayed in the media?</p> <p>How are teenagers portrayed in the media?</p> <p>LGBT focus – what is homophobia?</p> <p>Internet safety – what is online grooming?</p>	<p><b>Living in the Wider World</b></p> <p>1. Careers – how can we develop our communication skills?</p> <p>2. Careers – how can we develop our teamwork skills?</p> <p>How can we become entrepreneurs?</p> <p>What are income and expenditure?</p> <p>What are budgeting and saving?</p> <p>3. What are national insurance and income tax?</p> <p>3. Why do we pay tax?</p>	<p><b>Relationships (RSE)</b></p> <p>1. How can British Values teach us tolerance and respect?</p> <p>1. What is religious stereotyping, discrimination and prejudice?</p> <p>2. Where does extremism come from?</p> <p>2. Who are the extremist groups?</p> <p>2. How do religious extremists attract converts?</p> <p>3. Islamophobia – do Muslims really want Sharia law in Britain?</p> <p>3. How can we prevent extremism?</p> <p>Assessment</p>	<p><b>Health and Wellbeing</b></p> <p>1. Target setting – how can I improve my behaviour and skills?</p> <p>1. What is mindfulness and how can it aid positive mental health?</p> <p>2. How can self-confidence boost our achievement?</p> <p>3. How can I manage my behaviour to achieve targets and goals?</p> <p>3. Why is self-awareness in our actions towards others important?</p>	<p><b>Health and Wellbeing</b></p> <p>1. How can we look after ourselves and others in an emergency? – first aid and personal safety</p> <p>1. What is vaping and is it as bad as smoking?</p> <p>2. What is disability stereotyping, discrimination and prejudice?</p> <p>Why do teenage parents have it so tough?</p> <p>3. How can we avoid teenage pregnancy?</p> <p>Assessment</p>
	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
<b>Year 9</b>	<p><b>Relationships (RSE)</b></p> <p>What is peer-peer pressure – why is it so powerful and how can we overcome it?</p> <p>CSE – how are children lured into dangerous relationships?</p> <p>What is consent and why is it important?</p> <p>What are domestic violence and abusive relationships?</p> <p>What are health and unhealthy relationships?</p> <p>Who are the LGBT+ community and what would they like us to know?</p>	<p><b>Living in the Wider World</b></p> <p>How does Knife crime impact our communities?</p> <p>Why do teens carry knives and what are the consequences?</p> <p>How does the law deal with young offenders?</p> <p>How can extreme views lead to human rights abuses?</p> <p>How do charities like UNICEF help across the world?</p> <p>Should we send aid abroad?</p> <p>What is sustainability and why is this essential to the environment?</p>	<p><b>Living in the Wider World</b></p> <p>1. How can we be self-disciplined to achieve school and world aims?</p> <p>2. What are employability skills?</p> <p>What other skills do we need for the work environment?</p> <p>2. What does it mean to be “enterprising”?</p> <p>How do I navigate accounts, saving loans and financial institutions?</p> <p>3. What rights do shoppers have?</p> <p>3. How can I stay financially savvy and avoid debt?</p>	<p><b>Health and Wellbeing</b></p> <p>Why do we need to keep rules in order to succeed?</p> <p>1. How do I foster a growth mindset?</p> <p>1. How can I develop interpersonal skills?</p> <p>2. How can I manage school and exam stress?</p> <p>3. What is self-harm and why do people do it?</p> <p>3. How can I deal with, and manage, anxiety attacks?</p> <p>Why can't some people access education?</p> <p>Assessment</p>	<p><b>Health and Wellbeing</b></p> <p>Acid attacks – why are they on the increase?</p> <p>How are we protected from prejudice and harm?</p> <p>1. Why do people take illegal drugs and what does the law say?</p> <p>2. What are the consequences of excess alcohol drinking?</p> <p>3. Why do people become “selfie” obsessed and what are the consequences?</p>	<p><b>Relationships (RSE)</b></p> <p>1. How does the media impact body image? – focus on girls</p> <p>2. Does the media contribute to eating disorders?</p> <p>3. Why are British communities so diverse? – immigration focus</p> <p>3. Can we respect and celebrate British values and the religion and culture of our choice?</p> <p>Assessment</p>

- Democracy.
- Rule of Law.
- Respect & Tolerance.
- Individual Liberty.

## What are protected characteristics?

It is against the law to discriminate against someone because of:

- [age](#)
- [disability](#)
- [gender reassignment](#)
- [marriage and civil partnership](#)
- [pregnancy and maternity](#)
- [race](#)
- [religion or belief](#)
- [sex](#)
- [sexual orientation](#)

These are called protected characteristics.

You are protected under the [Equality Act 2010](#) from these types of discrimination.