



# FEARNHILL SCHOOL



## Careerfile

Issue 18

19th May 2023

### Revision Tips

With exam season underway the Year 11 & 13 students are well prepared but going the extra mile with intervention and revising hard. They should use half term wisely to rest and recuperate but use the following revision tips to make the most of their week and prepare for the remainder of exams.

#### Rephrase & Repeat

Research shows that repeating info aloud to yourself is a powerful memory technique because it engages multiple senses

*To better anchor the content in your mind, rephrase them in your own words. Many find that writing down info has the same effect. Or, support the brain's love of colour by using highlighters to increase retention and comprehension*

#### Treat Yourself

A valuable incentive

*Set goals & reward yourself once you have achieved them*

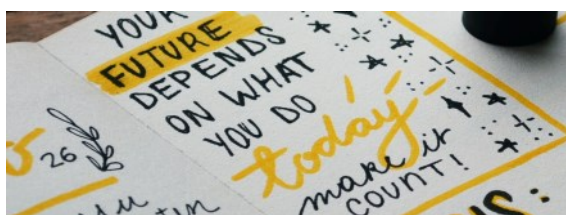
#### Eat Healthy & Drink Water

Studies show that what you eat can affect your performance

*Refrain from skipping breakfast and eat. Seek out high-protein foods. Drink lots of water to stay hydrated*

The past 5/7 years have led them to this point and we know they will put their all into trying their best - that is all we can ask. Good luck to them all.

**Ms Balchin, Head of Careers, WRL & PSHE**



#### Plan your study time

Schedule set study time for each exam subject

*Be sure to take adequate breaks*

#### Internet Usage

Although a helpful study tool, the internet can also waste precious revision time

*Take advantage of time management apps to ensure you are focusing on the subjects needed rather than falling prey to internet distractions. These prevent you from 'accidentally' going on other websites and/or logging onto social networking sites which could defer your concentration*

#### Exercise

Make time for exercise

*Just 30 mins of cardiovascular activity spikes the brain's production of "feel good" endorphins, which do everything from improving memory to enhancing problem solving abilities.*

*Cardio can help reduce stress so don your running shoes and give your brain a boost!*



Look out every fortnight  
for new features -  
all things career-related!



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# Year 11 Revision Sessions

With the GCSE exam season upon us, a letter has been sent out clarifying the arrangements for Year 11 students for the summer term.

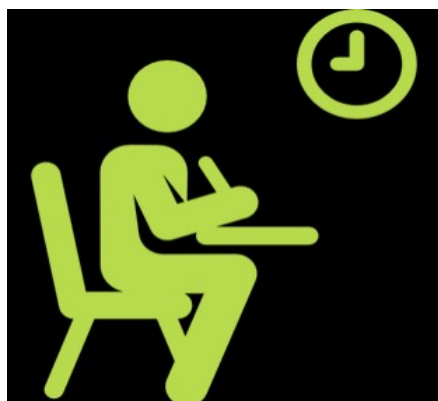
If you have any queries regarding this, please contact the exams office ([exams@fearnhill.herts.sch.uk](mailto:exams@fearnhill.herts.sch.uk)).

We wish all our students every success in their forthcoming exams and will continue to support them in any way we can. If you have any queries regarding these dates/events then please do not hesitate to contact the school.



## Revision sessions from Monday 12th June 2023

Date	Time	Event
12th June	09:00	English Language Exam Paper 2
	11.15-13.00	Business revision session
	13.30	Business Paper 2 GCSE Exam
	14:00	Science (Chemistry) revision session
13th June	09:00	Science- Chemistry Paper 2
	11.15-13:00	Spanish Revision session
	13:30	Spanish Writing Exam
	14:00	Maths revision session
14th June	09:00	Maths Calc Paper 3
	11:00 (NEW)	Music revision session
	13.30	Music- Appraising
15th June	14.00	Science (Physics) revision session
16th June	09:00	Science Physics
	11.15-13:00	Geography revision session
	13:30	Geography Paper 3
21st June	09:00	Catering Exam



## Important dates for your diary

GCSE Revision Sessions start - 12th June

Year 11 Prom - 23rd June

Year 11 into 12 Induction - 5th & 6th July

GCSE Results Day - 24th August

# Year 10, Start Thinking Ahead!

As the Year 11s finalise their destinations for next year, they make way for Year 10 to start investigating their forthcoming opportunities. Yes – Year 10, you need to start considering what educational path you wish to pursue after Year 11 as you will be expected to continue your education/work and training until the age of 18.

Why not check out the Careers, Information & Guidance resources in the School Library to start you off. Although the information in the boxes may look minimal, the contents inside direct you to the most up to date and user friendly careers information available.

Time flies – be prepared for your future...

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## Services for Young People



From a parent to a Personal Adviser in the Services for Young People Team

*"Thank you again for today's meeting. You were extremely helpful. You made not only myself but my daughter feel extremely at ease and she was able to just be herself, which she normally isn't like with many people. She didn't feel the need to mask or be nonverbal. You have always been very polite, bubbly and kind which is extremely important to a teen like her. This was also extremely helpful as she engages a lot easier. Even though she doubts everyone and everything, she has come away and said she feels somewhat hopeful after chatting with you... Thank you also for helping me to understand the process and how things can look and work for my daughter. You are a credit to what you do and deserve to have some recognition for this and I hope more people like yourself continue to go on and help others in your field of work."*

**Services for  
Young People**

## Apprenticeship FAQs

### Express yourself with hair and beauty apprenticeships

Hair and beauty apprenticeships provide a real opportunity to improve the lives of the people you work with. Looking and feeling good is a great motivator in life. The social aspect of hair and beauty is another great reason to enter the industry as you will meet many people each day, and working in a team environment can be a lot of fun.

Any questions [contact us](#)

[Hair and Beauty Apprenticeships](#)



**Hair and beauty  
apprenticeships**

## Special Mention - May

Lily 11U is passionate about her next steps and no doubt, has an exciting future ahead of her!

*"In terms of my career journey, I really wanted to do something that would help people, and so originally I was gravitating towards lifeguarding for a part time job in the summertime. It turned out, someone my Mum is friends with is a part of the Garden House Hospice Charity, and so I signed up for that and hopefully, in the summer I can start volunteering! It's really exciting actually, because this job means I can meet new people and help others at the same time!"*

*"For further education, I am hoping to attend sixth form at Fearnhill. If everything goes accordingly, I'll study English, History, maybe French, maybe Geography here too! Careers I am drawn towards include: Diplomacy, Journalism as well as Law! Although they all sound really cool, I'm not entirely set on what I want to become, and so for now, I'll study what I enjoy, and continue to learn as I do so!"*

We can't wait to see what comes next.



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# Insight into Law Event Feedback

## What our students thought of the talk...

<p><i>"It was fun, we should have more of them."</i> Maisha 10H</p> <p><i>"It provided me with another possible route to take in my career. Thank you for the opportunity."</i> Emily 10H</p> <p><i>"I really enjoyed everyone working together debating and having the jury final thoughts on who's guilty or not."</i> Jasmine 10H</p>	<p><i>"It was fun to be a criminal law defender and the money isn't half bad but personally I wouldn't take it as a job."</i> Carrick 10N</p> <p><i>"The law talk was very interesting and it was nice to learn about the different types of law, but I don't think I would go down the law path. It also very interactive."</i> Zach 10P</p>
<p><i>"It was very interesting and I like that we got the experience a real court room situation, with a prosecutor and defence."</i></p>	<p><i>"I found the Law Careers talk very interesting and knowledgeable. I also liked the role play of an actual court case."</i> Daniel 10P</p>
<p><i>"I did not know that there was more to law then that but it opened my eyes and I was very interested in it and it could be a possible career path for me."</i> Ronnie 10P</p> <p><i>"I thought it was good because I got to argue with people but there should have been more time to get our points across in the end as the prosecutor and defendant."</i> Rajveer 10P</p>	<p><i>"The activity was fun and informative, I wasn't considering a career in law but I think I like criminal law. All round it was fun and gave me lots of information."</i> Nahlya 10P</p> <p><i>"It was good! I enjoyed the hands on section where people actually debated against one another and I learnt slightly more about the actual areas that law can branch into."</i> Colette 10P</p>
<p><i>"I enjoyed the talk and learning about the process of court."</i> Charlie 10P</p> <p><i>"I found it good but feel it should have been for 2 lessons as I didn't think 1 lesson was enough."</i> Luke 10P</p> <p><i>"It was fun, I liked it."</i> Chiara 10N</p>	<p><i>"I enjoyed it, it was fun and I learnt a lot."</i> Lewis 10P</p> <p><i>"I thought it was fun and enjoyed when we were finding evidence against or for why the person was guilty. However I thought there was not enough time when we actually debated against each other so our points weren't put across properly."</i> Amy 10P</p>
<p><i>"Thank you for asking that, I'm really enjoying the career talk yesterday, I have notice a lot of new things about law career. However, I would love to say if we have more career talk about different jobs in the future, it would be lovely!"</i> Ha 10P</p> <p><i>"It was a very fun activity I enjoyed it. Court scenario was pretty fun, the woman was nice. Good stuff."</i> William 10P</p> <p><i>"I enjoyed it. More of the same please."</i> Daniel 10P</p>	<p><i>"I wasn't there for the whole session but for the time I was there it was very interesting to learn about different sectors about law and to learn about how important law is everybody's life. It was a very important talk about how to abide by law. 8/10 session. I have been persuaded to try to take on law in college."</i> Jayden 10P</p> <p><i>"It was fun."</i> Oliver 10N</p>



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<p><i>"It was a very enjoyable experience and I was able to learn skills I will be able to use in the future. However, I would like to know more about the course and what is included in and the type of stuff you do as a lawyer."</i> Samuel 10P</p> <p><i>"I really enjoyed it, it was fun."</i> Chloe 10N</p> <p><i>"It was good and I learnt a lot about defence and prosecutors."</i> Honey-Mae 10N</p>	<p><i>"It was very good."</i> Alfie 10N</p> <p><i>"I really enjoyed it &amp; learnt so much, like the difference between a lawyer and a solicitor and how a courtroom functions. I really enjoyed defending a case, and winning it! I'd like to do something like that again, it was really useful!"</i> August 10G</p> <p><i>"I enjoyed the process of trying to find evidence of the suspect and found it fun."</i> Charlie 10N</p>
<p><i>"Thank you for coming in and teaching us about the law. I found it really interesting and enjoyed doing the mock trials even to the point I started watching 'Suits' on Netflix. I will definitely be keeping law as an option in the future "</i> Theo 10H</p> <p><i>"It was very good, I'd definitely do it again."</i> Luke 10N</p> <p><i>"The lesson was really good and gave a good idea of what working in law is like ."</i> Rhys 10N</p>	<p><i>"It was a good experience."</i> Harry 10N</p> <p><i>"I found it really fun."</i> Jaya 10N <i>"I enjoyed it."</i> Sophie 10N</p> <p><i>"It was very interesting, I learnt a lot ."</i> Mitchell 10H</p> <p><i>"I found it interesting and eye opening because I had never considered law as a potential career path and am now considering the steps I need to take to become a solicitor."</i> Peter 10H</p>
<p><i>"I really enjoyed it and learnt a lot from it, I liked working in groups ."</i> Harry 10H</p> <p><i>"I learned a lot from the talk about law, I realised it is better to have both sides of a story than just one. Both sides were really helpful to understand what law is really about."</i> Sophie 10H</p>	<p><i>"The session was very enjoyable. Something to improve on is to add more prosecution and defence chances. In the session, the defence had 2 chances to speak while the prosecution had 1 chance to speak without the ability to confront the defence's final arguments."</i> Ahmed 10H</p>



## Work Experience

**During PSHE lessons, Year 10 students are learning the importance of virtual work experience and preparing for the world of work.**

Over the coming editions we will continue to cover details of good work qualities to help impress employers!

### Creativity

Many organisations have set procedures and ways of working to achieve their objectives, but most still value creative candidates who can offer new ideas. These procedures may have become stagnant and ineffective and an organisation may not notice this until you propose new ideas for more effective processes. For this reason, creative employees are a driving force for innovation and progress in a workplace. As a creative employee, you may also have a tendency to motivate those around you with your fresh approach, which can improve the overall morale of the workforce.



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## Key Word/Phrase of the Fortnight

**SALARY**



**AN AMOUNT OF MONEY  
THAT AN EMPLOYEE IS  
PAID EACH YEAR.**

## Obscure / Obsolete Job Titles



### **quarrel maker**

An arrow maker, as in early times, a quarrel was an arrow with a square shaft. Later the term has been used for a manufacturer of small diamond-shape glass panes, also called quarrels.

## Career Zone Podcast

Welcome to the brand new Career Zone Podcast. In each episode, staff from the Career Zone discuss careers related topics that's on students' minds right now. Our goal is to help prepare you for life and work after University, offering quality assistance and advice throughout your course, and for as long as you need it after graduation. We'll help you with a wide range of enquiries, such as: CV and application form advice, booking 1:1 appointments, advice on finding work experience, graduate jobs, or postgraduate study, guidance for interviews and assessment centres, helping you decide which of our free workshops and events will be right for you.



[The Meaning of Success: In conversation with Erica Sosna, Founder and Creator of 'The Career Equation' and CEO of Career Matters](#)

In this week's episode, David Pritchard, Employability and Career Consultant is joined by Erica Sosna, CEO of Career Matters to discuss 'The Career Equation'. Erica and David discuss the notion of graduate success and what this actually means in today's world.

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# External Opportunities



**FORM THE FUTURE** 

**Insights: Your Guide to Careers in Hospitality 2023**  
Tuesday 23 May, 5:30pm - 7:00pm

DISCOVER A WORLD OF CAREER OPPORTUNITIES IN HOSPITALITY AND FIND OUT IF IT COULD BE FOR YOU.

This free virtual event has been designed to showcase the huge range of hospitality careers in the region and what it takes to thrive in the industries. Our volunteers represent a huge variety of sectors within the hospitality industry.

Here is a list of just some of the companies attending:

- CLIP N' CLIMB
- CAMBSCUISINE
- KUCO AGENCY
- WINE AND SPIRIT EDUCATION TRUST
- BUMBLE & OAK CO. CHOCOLATIER
- THE PARK RESTAURANT, CAMBRIDGE REGIONAL COLLEGE

These events are for students in Year 8 and above - as well as parents and guardians.  
**Register at:** [bit.ly/FtFIInsightsHospitality](https://bit.ly/FtFIInsightsHospitality)





University of Hertfordshire **UH**

**SPARK YOUR CREATIVITY**

Did you know the University of Hertfordshire runs creative summer schools and short courses?

**8-12 Kids & Teens**  
**13-17**

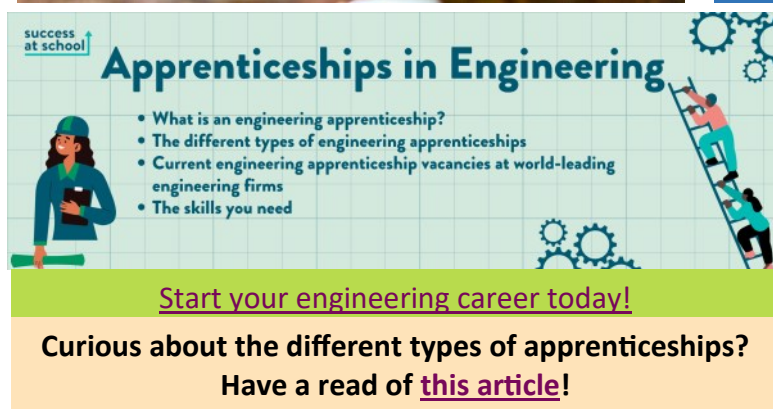
Fashion  
Photography  
Graphic Design  
Adobe Software  
Contemporary Arts  
Digital Comic  
Gaming


**Adult Short Courses**

Adobe Softwares  
Graphic Design  
Photography  
Art Therapy  
3D Printing  
Visual Arts  
Fashion  
Media  
CAD



 [go.herts.ac.uk/creativeshortcourses](https://go.herts.ac.uk/creativeshortcourses)  
 01707 285327  
 [ad-shortcourses@herts.ac.uk](mailto:ad-shortcourses@herts.ac.uk)  
 On Campus and Online (adults only for online)



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**Apprenticeships in Engineering**

- What is an engineering apprenticeship?
- The different types of engineering apprenticeships
- Current engineering apprenticeship vacancies at world-leading engineering firms
- The skills you need

[Start your engineering career today!](#)

Curious about the different types of apprenticeships?  
Have a read of [this article!](#)

Students are advised to check their school email accounts weekly, if not daily!

Careers information and opportunities are sent regularly and we wouldn't want them to miss the deadlines.

These are copied to parents/carers as well for reference.

A few of these opportunities are listed here.

## Parents - We're Hiring!



**Fearnhill School is on an exciting journey with significant improvement across the school, recently rated GOOD by Ofsted and professional development that is second to none.**

**We are expanding and have a number of teaching and support roles available which could be just what you're looking for.**

**[www.fearnhill.herts.sch.uk/news-events/staff-vacancies/](https://www.fearnhill.herts.sch.uk/news-events/staff-vacancies/)**

**What are you waiting for!**

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