



# FEARNHILL SCHOOL

## Careerfile

Issue 13

24th February 2023

### Year 11 Interview Day

The Year 11 interview day proved a huge success on Friday 3rd February with students portraying themselves in a very positive light. They were marked on various aspects to include their first impression, greeting, their verbal and non-verbal self-portrayal and their overall confidence and articulation.

For many students it was an anxious experience but for all, a positive one as they are now fully aware of how to impress at interview and aware of all the feelings, both mental and physical, associated with the whole experience. This all adds to the 'Fearnhill student' experience whereby our students are equipped with the skills to prepare them for the working world.

I hope that the students will take away these key skills and use them for future interviews. It is important to remember that every situation is different so being well equipped for every eventuality is key.

Well done Year 11 - very proud of you all, as you should be of yourselves.

See page 4 for interviewer and interview feedback on the day.

**Ms Balchin, Head of Careers, WRL & PSHE**



jobcentreplus

### Important dates for your diary

**Year 11 6th Form Interviews - 3rd-24th February**  
Formal interview for key stage 5 with Mr Marlow

**National Careers Week - 6th-11th March**  
One-week celebration of careers guidance

**Year 11 Walking Talking English Mock Exam - 7th March**

**Year 11 & 13 Mock Exams - 13th-24th March**

**Year 10 Future Heroes Trip - 28th March**

**Year 9 Options Afternoon - 28th March**



Look out every fortnight  
for new features -  
all things career-related!



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## Services for Young People

We are pleased to welcome Jo Bains, our SfYP advisor, back after a period of time where she has been recovering from an injury. She has been missed and we look forward to her returning to the fold!

Jo will do a handover with Chris Aylward, who has been covering her, and continue to meet with students and discuss their options, ideas and opportunities available to them after Year 11. We aim to get every Year 11 student booked in for an appointment with an advisor before the end of the academic year. Every student will then be followed-up by myself to check they are set for their next steps.

It is essential that students do not miss their meeting as this wastes valuable time. Students are asked to make a note of the time, date and place of their meeting when Tutors announce them prior to the day. If students are unable to attend their appointment they are asked to swap with another student in their form group and inform myself or Ms Charter so that their slot can be re-scheduled. Reminder cards are issued to students via their form Tutor on the morning of their meeting to ensure they don't forget!

Services for  
Young People

## World Book Week

Thursday 2nd March is World Book Day, and here at Fearnhill we have a range of activities going on all week! It goes without saying that literacy is not only a necessity for your success in the work place, but is also a life skill that you will need in every day life.

	Mon	Tues	Weds	Thurs	Fri
7	Chapter a lesson	Quiz		Assembly	Shelfies
8	Chapter a lesson	Quiz		Assembly	Shelfies
9	Chapter a lesson	Assembly (Options with JMN)		Quiz	Shelfies
10	Chapter a lesson	Quiz		Shelfies	Assembly

## Special Mentions - February

Year 8s have been looking at their future pathways during PSHE.

Lilah 8H has been researching a role in the healthcare profession. Her maturity in understanding the importance of such a role is commendable. We hope her plan for this career path takes fruition.

NICU stands for Neonatal Intensive Care Unit. An NICU Nurse is a Nurse who works within the Neonatal intensive care unit looking after extremely premature babies and also looking after term newborn infants who have a range of both medical and, or surgical conditions. NICU Nurse responsibilities include administering care to newborn infants residing in the NICU, running various medical tests and providing support to families as needed. Ultimately, they work with newborn infants in critical care, along with supporting and providing information to parents and guardians.



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# Year 10 Work Experience

During PSHE lessons, Year 10 students are learning the importance of virtual work experience and preparing for the world of work.

Over the coming editions we will be covering details of 15 good work qualities to help impress employers!

## Communication Skills

Excellent communication skills are an advantage in virtually any work environment. You're likely to communicate with customers or colleagues in some way as part of your duties. Having the ability to communicate information concisely and effectively can help you show your value as a candidate. This includes strong verbal, written and physical communication skills. Your ability to demonstrate flexibility as a communicator is another strength that potential employers may value. Eg. you may tailor your writing style to various different target audiences.



### What are Communication Skills?

Communication skills allow you to understand and be understood by others. These can include but are not limited to communicating ideas to others clearly, a friendly and confident demeanour, respecting other points of view and speaking in a public setting. Developing your communication skills can do much to help you advance in the workplace. In this article, we explain what communication skills are and how you can improve your own.

You use communication skills when giving and receiving different kinds of information. This can be written, spoken, typed or even body language. You might need to communicate ideas, feelings or what's going on around you. Communication skills involve listening, speaking, observing and empathising. The skills are important whether you are speaking face-to-face, on a video call or through letters and emails.

## Communication Skill Examples

There are many different types of communication skills that you can make use of professionally. Continued practise will make you an effective and confident communicator. A lot of these skills work in collaboration with each other. This means that it is necessary to practise different communication skills whenever you get the chance. This could be at work, at home or when speaking with a friend or colleague.

Here are some skills to keep in mind:

Active listening	Adapting your communication style to your audience	Friendliness
Confidence	Offering and taking feedback	Volume and clarity
Empathy	Understanding body language	Responsiveness
Respect		

Keep checking your school emails Year 10, this is where we will send any information you may need.



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# Year 11 Interview Day - Student Feedback

*"I thought the interview was very helpful and prepared me for future interviews and how I would feel in a real interview."* Ruby 11U

*"I really enjoyed it, however I was incredibly nervous because I don't do well in stressful environments but it went so well."* Libby 11U

*"I was fortunate enough to get the opportunity to experience a 'mock' interview, as my year missed the experience due to COVID. I found it really useful, as it felt so real. I felt all the nerves and anxiety I know I'll feel before a real interview. It also showed me the range of questions that can be asked, they can be as specific as 'why do you want this job?' or as random as 'what would you do with a million pounds?' It was so interesting to see how I was reacting to the unknown questions, and the types of answers I gave. I was happy with my answers!"* Natalie 13ADR

*"It was a good formal interview. I liked the 'where do you see yourself in 2/5 years?' question, it made me think. The eye contact feedback was weird!"* Charlie 11Q

*"It was informative."* Wesley 11U

*"I felt quite silly during the interview, I wasn't prepared for the questions I was asked despite the preparation sessions the previous week. I feel that I now won't make that mistake again!"* Ella 11U

*"It was good. I felt I spent the whole time bragging about myself!"* Kittie 11Q



**Blake 11R with his interviewer**

*"I feel the whole thing went well. The preparation sessions the week before helped me with what not to say at an interview. One of the questions I had was 'when was a time you were stuck between 2 things and got over it?' I found that easy to answer. The interviewer was really nice. Looking back I should have made my answers longer. I felt fine afterwards"* Amy 11U

*"Before the interview, I was very nervous because I didn't know what I would be asked. The prep sessions last week helped prepare me for this interview because I knew the sorts of things they would be looking for such as eye contact. The questions I was asked were not too hard nor too easy. I was asked things like 'how you have been responsible in the past?', 'tell me about a time when you had to work in a team' and 'how would your friends describe you?'. The interviewer I had was very nice, she took her time with me and explained exactly what she was going to do during the interview. After the interview, I felt relieved because it went much better than I thought it would go."* Tia 11R

*"I found the interview really helpful. The advice I was given is something I will take forward with me."* Jude 11Q

## Interviewer Feedback

*Really mature*

*Focussed*

*Impressive*

*Good answers given*

*Clear goals*

*Very perceptive*

*Well thought-out responses*

*Sensible questions asked*

*Polite*

*At the end of the day I met with the interviewers for a de-brief on how they found our students.*

*The phrases here were used to describe them and I could not agree more. Keep this up Year 11!*



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# National Careers Week 2023

## National Careers Week - 6th-11th March

"National Careers Week (NCW) is a celebration of careers guidance and free resources in education across the UK. The aim is to provide a focus for careers guidance activity at an important stage in the academic calendar to help support young people leaving education."

[www.nationalcareersweek.com](http://www.nationalcareersweek.com)

To celebrate National Careers Week, both staff and students will be involved in activities based on the world of work. All year groups will be taking part in activities during Tutor time and students will be encouraged to think about the subjects they are studying and their relevance in the work place. Year 10 students will be kicking off the week starting their virtual Work Experience .

Year 9 students will be finalizing their options choices in preparation for the deadline. Students will now be armed with a wealth of information to help them make their options choices. They should be thinking further ahead about their future career aspirations and will be having individual options guidance interviews in March.

**Here are your first National Careers Week Quiz questions... the first correct answers e-mailed back to me (Miss B) will get reward points!**

**1. Who sang the song 'Dear Doctor'?**

**2. Who was a Lion Tamer before he became one of Hollywood's biggest stars?**

**You must answer both questions to be in with a chance of winning!**



To celebrate NCW, on **Monday 6th March**, there will be an online, fun and interactive workshop called '**Career We Go**' for **13 to 16 year-olds** and presented by teacher, **Mr P**.

Then on **Friday 10th March**, they will be hosting a short **livestream** with **exciting special guests** talking about their fascinating careers.

Please check [here](#) back for updates on resources, guest announcements and how to access the workshop and livestream on the day.

About the workshop

The '**Career We Go**' online workshop will be available to view on this [page](#) from **Monday 6th March**. This interactive video can be used by students watched back again at any time.

The workshop is designed to help you identify skills and interests, and how you could apply these to different job roles and career paths.

There will be fun, **engaging activities** intended to help make the potentially difficult task of trying to decide what to do when you leave school slightly less daunting, more enjoyable and more informed.



**Mr P** is a teacher, author and podcaster.

He also leads schools and teachers in raising standards using technology in the classroom.

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# Annual Parent/Carer Apprenticeship Survey

*Our school is a member of the Hertfordshire Careers Hub and one of their key strategic objectives is to help promote Apprenticeships and Technical and Vocational routes. This is now the fifth year that this survey has been commissioned and we would be very grateful if you could complete this short digital survey to share your thoughts based on your eldest school-aged child.*



*As one of the key influencers in a young person's decision-making journey, it is important that we can help you to feel confident in helping and supporting your child to explore the many options that are available beyond school.*

*By completing this survey, you are contributing towards the development of the Hertfordshire Apprenticeships Strategy, helping to secure funding to better support your child's school and providing important insights to be used both at an individual school and county-wide level. If you would like more information, please visit the HOP website.*

*This survey is being conducted by Amazing Apprenticeships on behalf of Hertfordshire LEP and Hertfordshire Careers Hub. All responses will be kept confidential, and your details or individual responses will not be shared with any other parties. We would like to ask for your help in completing this short survey, so we can better understand the views and support needs of parents and carers regarding apprenticeships and technical education for your child.*



[Click here to complete the survey](#)

## Apprenticeship FAQs

### Do Apprenticeships have entry requirements?

Many people start on a level 2 apprenticeship and work their way up to a higher or degree apprenticeship. Many employers and training providers will ask for a certain level of numeracy and literacy and may require you to have qualifications or certain experience as part of the entry criteria.

[Customer service and retail apprenticeships](#)



Customer service  
and retail  
apprenticeships

## The Big Assembly



### Catch up on The Big Assembly

The Big Assembly took place during National Apprenticeship Week, bringing together thousands of students and teachers/careers advisers virtually to learn more about apprenticeships. Featuring a range of former and current apprentices, employers of apprentices, parents, education providers, and more, [click here](#) to watch the recording.

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## Key Word of the Fortnight

**PROFESSION**



**A TYPE OF JOB THAT REQUIRES  
SPECIAL EDUCATION, TRAINING  
OR SKILL.**

## Obscure / Obsolete Job Titles



**Muleskinner**

A wagon driver

## Job Vacancy at North Herts College for Parents/Carers

Join the NHC family



**We're hiring...**

Casual and flexible roles

Are you looking for a job that fits your schedule?

North Hertfordshire College is recruiting for a number of casual roles across our departments. These roles are flexible opportunities which slot in around your current commitments – whether that's family responsibilities, other part-time work, or anything in between.

Current opportunities include:

Exam Invigilator | ALS Inclusion Assistant | SEND Specialist Learning Support Assistant | Online Tutor IQA

For more information about these roles, please visit [nhc.ac.uk/join-our-family](http://nhc.ac.uk/join-our-family), or get in touch via [recruitment@nhc.ac.uk](mailto:recruitment@nhc.ac.uk) for a chat



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# External Opportunities

## Ski & Snowboard Instructor Internship Opportunities

instructor internships starting in November/December 2023 are **now open for applications.**



Students will receive expert training, gain their Level 1 ski or snowboard instructor qualification, and get a guaranteed paid job offer with the ski school of their choice.

### Course Inclusions:

- Expert instructor training
- A guaranteed paid job offer as an instructor
- Accommodation
- Internationally recognised qualifications

### Program Requirements:

- Intermediate to advanced riding ability
- Genuine interest in snow sports
- Positive attitude and good work ethic
- Ability to work as part of a team

Our instructor internship has been in operation for more than 15 years and students have 27 destinations to choose from across 5 different countries. With a 99% pass rate maintained each season AND the guaranteed job offer, it is a great career pathway program.

## HOP Webinar

Our next webinar is available for students to register to attend live – register [here](#)

Thursday 2<sup>nd</sup> March 4:30  
Careers in Photography



## Applications for the free online London Med Schools Summer Programme 2023 now open



For student eligibility details [visit our website](#) or access [the application form here](#)

## CAMBRIDGE JUNCTION



### A fantastic & invaluable opportunity

learn more about the creative & cultural sector  
insight into job opportunities both on & off stage  
info: entry routes, career paths & individual experiences

### EVENT INFORMATION

DATE	Thu 30th Mar 2023
VENUE	Whole venue
TIME	4pm – 8:30pm
PRICE	£10 (inc. a ticket to The Talent)
AGE	Ages 16-21

[BUY TICKETS HERE](#)

Students are advised to check their school email accounts weekly, if not daily!

Careers information and opportunities are sent regularly and we wouldn't want them to miss out.

These are copied to parents/carers as well for reference.

A few of these opportunities are listed here.



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