



# FEARNHILL SCHOOL



## Careerfile

Issue 14

10th March 2023

### National Careers Week

I love every day of being a teacher but this week on the academic calendar is extra-exciting, celebrating all things Careers-based and championing women in the world of work.

Helping students find the path best suited to them as individuals is one of the most difficult, yet rewarding aspects of teaching. Our guidance and advice helps to shape our young people and their future. It is a big responsibility especially in an ever changing world and work place.

Teaching is so much more than the school day - the students and staff are all part of an extended family and the rewards are like nothing else in any other profession. Some days you are not just physically and mentally exhausted - you also wonder how you managed to string a sentence together! But making a difference to young peoples' lives both academically and personally is the reason we are here and the reason that keeps us going. I hope our young have the same attitude and work ethic towards researching and pursuing their dream.

As the theme of National Careers week 2023 says,

***Together we can motivate, we can empower, we can inspire and we can create positive change.***

***Ms Balchin, Head of Careers, WRL & PSHE***



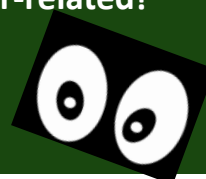
### Important dates for your diary

**Year 11 & 13 Mock Exams - 13th-24th March**

**Year 10 Future Heroes Trip - 28th March**

**Year 9 Options Afternoon - 28th March**

**Look out every fortnight  
for new features -  
all things career-related!**



**Empowering Positive Change through Careers Education**

# National Careers Week 2023

## National Careers Week - 6th-11th March

Congratulations to the following students for correctly answering the National Careers Week Quiz questions...

1. Who sang the song 'Dear Doctor'? The Rolling Stones
2. Who was a Lion Tamer before he became one of Hollywood's biggest stars? Christopher Walken



1st - Libby 11U

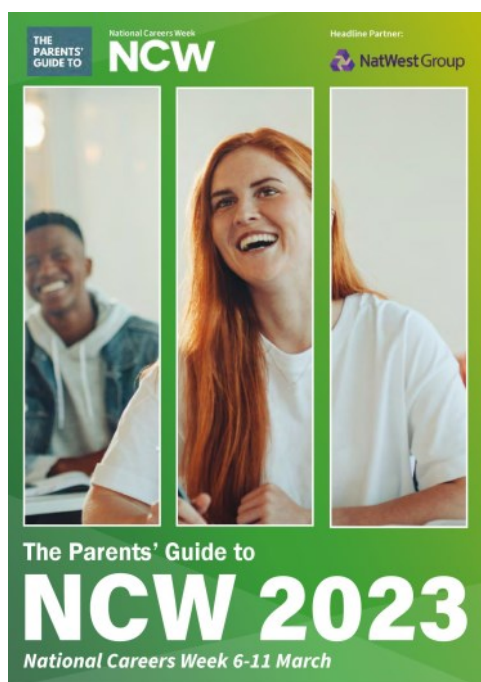
2nd - Mary-Ellen 9P

3rd - Phoenix 7S

4th - Carrick 10N

5th - Tia 11R

Well done! House Points have been awarded!



**#NCW2023** is a great chance for parents to find out more about the different ways their teen can get on track for rewarding work pathways that help them play to their strengths depending on how they learn best, whether they're 16 or 18 years' old or beyond.

Once again, Natwest have partnered with National Careers Week to create a free download for parents with all the key facts: [click here](#) for your copy.

Some of the key items in the publication can be found over the next couple of pages

## Information for parents/carers to support their child with their future career choices

|  |  |
|--|--|
| <b>1</b> <p><b>Accept their idea of success may be different to yours</b></p> <p><i>Their dreams and ambitions might not align with your ambitions for them. This can be disappointing, but let them walk their own path.</i></p>    | <b>5</b> <p><b>It's OK if they change their mind!</b></p> <p><i>Reassure them that if they tell you they have their heart set on one direction, then later change their minds, you won't berate them for it.</i></p>             |
| <b>2</b> <p><b>It's OK if they're not sure on a career route yet</b></p> <p><i>They don't need to make that decision right now. They do need to develop skills that will help them progress, and that should be their focus.</i></p> | <b>6</b> <p><b>Encourage them to explore all their options</b></p> <p><i>Help them plan out a route that focuses on their strengths. Different educational routes can often provide entry points into the same industry.</i></p> |
| <b>3</b> <p><b>Encourage them to turn passions into money-makers</b></p> <p><i>They're more likely to be successful (and happier) pursuing a career in something they enjoy.</i></p>   | <b>7</b> <p><b>Help them if they are struggling to look far ahead</b></p> <p><i>Setting short-term, achievable goals will help them strive towards a long-term ambition.</i></p>   |
| <b>4</b> <p><b>Help them navigate their limitations</b></p> <p><i>Not being academic should not be a barrier to success and there is usually more than one way to reach a destination.</i></p>                                       | <b>8</b> <p><b>Empower them: they have control over their future</b></p> <p><i>The decisions they take and what they do matters.</i></p>   |

## Empowering Positive Change through Careers Education



| Level          | Qualification / educational routes |                                  |  |   |                                     |
|----------------|------------------------------------|----------------------------------|--|---|-------------------------------------|
| 8              | Doctorate (PhD)                    |                                  | NVQ 8  |   |                                     |
| 7              | Masters degree (MA)                |                                  | Degree apprenticeship / NVQ 5, 6, 7                |   |                                     |
| 6              | Bachelors degree<br>BA or BSc      |                                  |  |   |                                     |
| 5              | Foundation degree<br>FdA or FdSc   | Higher National Diploma<br>(HND) |  |   |                                     |
| 4              | Higher National Certificate (HNC)  |                                  | Higher apprenticeship / NVQ 4                      |   |                                     |
| 3              | A levels<br>Grades A-E             | International Baccalaureate      | T Levels   | BTEC (extended) diploma<br>BTEC certificate | Advanced apprenticeship / NVQ 3     |
| 2              | GCSE<br>Grades 4-9 (C, B, A or A*) |                                  | BTEC first diploma                                 |   | Intermediate apprenticeship / NVQ 2 |
| 1              | GCSE<br>Grades 1-3 (D, E, F or G)  |                                  | Foundation diploma /<br>entry level qualifications |   | Traineeship / NVQ 1                 |
| Academic route |                                    | Vocational route                 |  | Applied / work route                        |                                     |

## Levels of Education

In England, Wales and Northern Ireland there are 8 qualification levels (1 - 8) plus an entry level qualification for those just starting. Generally, the higher the level, the more difficult the qualification is. Levels 1-3 are typically taught in schools and colleges.

With so many different qualifications, it can be hard to know what they mean and where they might lead to next. To help you understand, we've created a summary of what the levels mean highlighting academic, vocational and work-based routes to higher education.

## Apprenticeship Levels



### LEVEL 2 Intermediate apprenticeships

**Typical length**  
12-18 months

**Entry requirements:**  
None or few, but can vary depending on the apprenticeship

**Qualifications obtained:**  
GCSE, BTEC or equivalent

**Who's it for?**  
Mostly for 16-year-olds with few or limited academic qualifications.



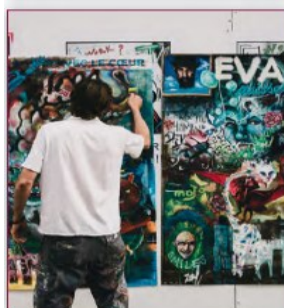
### LEVEL 4/5 Higher apprenticeships

**Typical length**  
3-5 years

**Entry requirements:**  
A levels or equivalent

**Qualifications obtained:**  
Higher national diploma / foundation degree

**Who's it for?**  
Mostly for those who want to qualify for professional career paths without attending university or college full-time.



### LEVEL 3 Advanced apprenticeships

**Typical length**  
12-24 months

**Entry requirements:**  
Usually 5 GCSEs

**Qualifications obtained:**  
A levels or equivalent

**Who's it for?**  
Mostly for 16-year-olds with reasonable academic achievements but who don't want to study in sixth form.



### LEVEL 6/7 Degree apprenticeships

**Typical length**  
3-7 years

**Entry requirements:**  
At least 2 A levels or equivalent

**Qualifications obtained:**  
ABA or BSc degree or higher

**Who's it for?**  
Mostly for those with excellent sixth form results that want to study for a degree or similar whilst working.

## Career Pathways

| Options after GCSE:            |
|--------------------------------|
| Full time study                |
| A levels                       |
| T Levels                       |
| BTECs                          |
| Other technical qualifications |
| Exam retakes                   |
| Work and study                 |
| Apprenticeships (levels 2-3)   |
| Supported internships          |
| Traineeships                   |

| Options after sixth form:                                     |
|---|
| Full time study   |
| University  |
| Higher technical skill courses e.g. foundation degree, HNC/Ds |
| Work and study  |
| Apprenticeships (levels 3-7)                                  |
| School leaver programmes / Internships / Traineeships         |
| Work  |
| Employment  |
| Start a business  |
| Other   |
| Gap Year  |
| Exam retakes  |

| Options after Higher education:              |
|--|
| Full time study                              |
| Postgraduate study e.g Masters degree or PHD |
| Work / work and study                        |
| Graduate jobs or paid employment             |
| Apprenticeships (levels 6-7)                 |
| Internships / work experience                |
| Non-paid employment / volunteering           |
| Start a business                             |
| Other  |
| Gap Year / travel                            |

### Strengthen job applications with:

Work experience

Volunteering

Travel/gap years

Hobbies and interests demonstrating soft skills

Academic enrichment opportunities

Testimonials and references

# Career Roadmap

Spring into Success have a free interactive road map to help students on their journey to a successful career. A donation will be made to UNICEF for every student who accesses it! It is packed with useful resources on everything from how to identify the right career, to advice on getting work experience and interview techniques.



What are you waiting for? Start now! [Click here](#)

## Apprenticeship FAQs

### How long does an Apprenticeships take to complete?

Apprenticeships take between one and four years to complete dependent on the level being undertaken. A Level 2 apprenticeship takes on average 15 months to complete, whereas a Level 6 or 7 degree apprenticeship can take between three and four years to complete.

Any questions [contact us](#)

[Digital and ICT Apprenticeships](#)



Digital and ICT  
apprenticeships

## Together...



Empowering Positive Change through Careers Education

### What 3 Words? NCW Staff Activity

|   |   |  |  |   |  |
|---|---|--|--|---|--|
| Motivational<br>Supportive<br>Confidante<br><i>Ms Balchin</i> | Independent<br>Reliable<br>Passionate<br><i>Mrs Bennett</i> | Loyal<br>Passionate<br>Fun<br><i>Mx Bettinson</i>              | Caring<br>Trustworthy<br>Conscientious<br><i>Mrs Cross</i> | Dependable<br>Loyal<br>Trustworthy<br><i>Ms R Brown</i>         | Kind<br>Supportive<br>Loyal<br><i>Ms Wilshere</i>  |
| Determined<br>Funny<br>Caring<br><i>Mrs Lattimer</i>          | Thoughtful<br>Trustworthy<br>Funny<br><i>Miss Bossley</i>   | Passionate<br>Conscientious<br>Determined<br><i>Mr Dewer</i>   | Generous<br>Caring<br>Fun<br><i>Mrs Thurlby</i>            | Integrous<br>Philosophical<br>Hardworking<br><i>Mr Phillips</i> | Dependable<br>Kind<br>Smart<br><i>Mrs Sobotie</i>  |
| Funny<br>Eccentric<br>Loyal<br><i>Ms Morgan</i>               | Caring<br>Happy<br>Positive<br><i>Mrs Brown</i>             | Positive<br>Committed<br>Reliable<br><i>Mrs Moreno-Heredia</i> | Reliable<br>Kind<br>Generous<br><i>Ms Ellis</i>            | Empathic<br>Industrious<br>Loyal<br><i>Ms C Brown</i>           | Caring<br>Reliable<br>Listener<br><i>Mrs Moran</i> |

### Staff were asked 'How would your friends describe you in 3 words?'

|  |   |   |  |   |   |
|--|---|---|--|---|---|
| Loyal<br>Kind<br>Thoughtful<br><i>Ms Charter</i>           | Kind<br>Funny<br>Compassionate<br><i>Mrs Cottenden</i>        | Driven<br>Sporty<br>Compassionate<br><i>Miss Cotter</i> | Cheerful<br>Enthusiastic<br>Upbeat<br><i>Mr Fowler</i> | Odd<br>Kind<br>Mildly Amusing<br><i>Miss Jennings</i> | Funny<br>Friendly<br>Enthusiastic<br><i>Mr Williams</i> |
| Thoughtful<br>Generous<br>Individual<br><i>Mr Sheridan</i> | Enthusiastic<br>Contrarian<br>Curious<br><i>Mr Walkinshaw</i> | Reliable<br>Kind<br>Funny<br><i>Ms Fletcher</i>         | Motivated<br>Competitive<br>Kind<br><i>Ms Hughes</i>   | Positive<br>Supportive<br>Fun<br><i>Mrs Taffe</i>     | Kind<br>Positive<br>Organised<br><i>Miss Cordon</i>     |
| Positive<br>Hardworking<br>Kind<br><i>Ms Bennett</i>       | Reliable,<br>Thoughtful<br>Positive<br><i>Miss Christie</i>   | Compassionate<br>Loyal<br>Funny<br><i>Ms Morris</i>     | Funny<br>Supportive<br>Reliable<br><i>Mr Fox</i>       | Reliable<br>Kind<br>Patient<br><i>Mrs Kendall</i>     | Fun<br>Supportive<br>Loyal<br><i>Mrs Lynn</i>           |

### Staff were also asked 'What are the 3 most important skills used in the work place?'

|                 |                  |                        |                        |                 |
|-----------------|------------------|------------------------|------------------------|-----------------|
| Organisation    | Prioritising     | Adaptability           | Planning               | Mediation       |
| Resourcefulness | Flexibility      | Creativity             | Listening              | Supportive      |
| Responsiveness  | Building Rapport | Inspirational          | Self-Awareness         |                 |
| Hard working    | Communication    | Honest                 | Conscientious          | Literate        |
| Empathy         | Patience         | Motivation             | Compassion             | Problem Solving |
| Resilience      | Determination    | Thinking Strategically | Flexibility            |                 |
| Empathy         | Consistency      | Kindness               | Building Relationships |                 |

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# International Women's Day

## International Women's Day 2023 campaign theme: #EmbraceEquity

For International Women's Day and beyond, let's all fully **#EmbraceEquity**. Equity isn't just a nice-to-have, it's a must-have. A focus on gender equity needs to be part of every society's DNA. And it's critical to understand the difference between equity and equality.

The aim of the IWD 2023 **#EmbraceEquity** campaign theme is to get the world talking about *Why equal opportunities aren't enough*. People start from different places, so true inclusion and belonging require equitable action. Read more about this [here](#).

**All IWD activity is valid**, that's what makes IWD inclusive.

So give equity a huge embrace.

We can all truly **embrace equity**. It's not just something we say. It's not just something we write about. It's something we need to think about, know, value and embrace. It's what we believe in, unconditionally. Equity means creating an inclusive world.

And we can all play a part. Each one of us can actively support and **embrace equity** within our own sphere of influence. We can all challenge gender stereotypes, call out discrimination, draw attention to bias, and seek out inclusion. Collective activism is what drives change.

From grassroots action to wide-scale momentum, we can all **embrace equity**.

Forging gender equity isn't limited to women solely fighting the good fight. Allies are incredibly important for the social, economic, cultural, and political advancement of women.



In the next Careerfile we will be sharing inspirational famous females chosen by staff. Students will be asked, over the next 2 weeks, to research one of the listed icons that have been shared with them and they are to report back with their findings as to why they would be named as an inspirational figure

## Who Inspires You?



*Famous or non-famous... any female who you would describe as a role model/someone you admire/someone you aspire to be.*

*It can be a family member, friend, teacher, celebrity or someone from the history books who you would say inspires you.*

*To have your views shared in the next edition, students & parents/carers email: [admin@fearnhill.herts.sch.uk](mailto:admin@fearnhill.herts.sch.uk) with your name and the details of your inspirational figure.*

*We look forward to hearing from you*

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# Young People's Health & Wellbeing Survey Results 2022

Responses were received from 11,160 students aged 11-19 from 74 secondary schools in Hertfordshire. The information gathered is used to develop Services for Young People's support for young people. Services for Young People (SfYP) worked in partnership with Public Health Hertfordshire and the HCT Public Health Nursing Service to deliver the survey. It included questions about home life, wellbeing, diet, physical activity, smoking, alcohol use, drug use, sexual health, mental health, bullying and safety.

You can explore the data, including comparing with previous years' results, and breaking information down by a range of demographics using the dropdowns in the navigation bar at the top of the dashboard:

[Young People's Health and Wellbeing Survey Results 2022 dashboard](#)

[Mental health & wellbeing](#)

[Bullying](#)

[Top worries](#)

[Top ways to cope](#)

Find out how SfYP supports young people with these issues here:

[Support with mental health and wellbeing](#)



## Year 10 Work Experience

During PSHE lessons, Year 10 students are learning the importance of virtual work experience and preparing for the world of work.

Over the coming editions we will continue to cover details of 15 good work qualities to help impress employers!

### Professionalism

Approaching your work in a professional manner is key to making a good impression with an employer. Being able to approach situations and handle them respectfully and tactfully is important in ensuring a workplace runs smoothly. Professionalism is also important in working effectively in a team environment. Being viewed as a calm, approachable, polite, well-presented person can make you stand out as a desirable candidate for a potential employer.

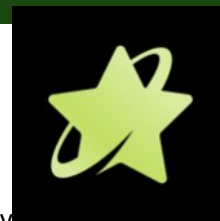
Keep checking your school emails Year 10, this is where we will send any information you may need.



## Special Mention- March

Year 8s have been looking at their future pathways during PSHE.

Charlie 8G Has been looking into palaeontology as a future career, something which I haven't head many students aspire to!



A *paleontologist* is a scientist who studies fossils. They try to figure out how things were in ancient times by studying their remains in fossil traces. They actually **study all fossilised past life**. That can include everything from corals and shellfish to fishes and mammals. It's not just animals either, palaeontologists also study ancient plants.

If you are obsessed with all things related to dinosaurs, speak to Charlie who can tell you more!



*Fictional character Ross from US sitcom F.R.I.E.N.D.S was a palaeontologist!*

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## Key Word/Phrase of the Fortnight

TO GET A RAISE



TO RECIEVE AN

INCREASE IN THE

AMOUNT OF YOUR PAY.

## Obscure / Obsolete Job Titles



**Medeller**

A person who made needles

## North Herts College Open Events

Future Open Events 2023

25th – 26th April

13th – 14th June

Check the website for further information, including how to book.

If you can't make it to any the dates but want to know more about what it's like to study at NHC, check out the [virtual campus tours](#) and get in touch through [our online form](#), emailing [enquiries@nhc.ac.uk](mailto:enquiries@nhc.ac.uk), or calling [01462 424242](tel:01462424242).



See where a course at NHC will take you

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## External Opportunities



We are the Aircraft Restoration Company based at Duxford Airfield and are planning to offer either mechanical engineer or sheet metal engineer apprenticeships, commencing September 2023.

We would like to offer our students the opportunity to apply via our website [www.aircraftrestorationcompany.com](http://www.aircraftrestorationcompany.com). Once on our website they would need to go to the "careers" section where our apprenticeship is explained in detail along with a form for the student to complete and submit.



Johnson Matthey is a sustainable technologies company who apply cutting-edge science to create solutions with customers that make a real difference to the world around us in the journey to net zero.

We are hosting two insight days in July for Year 10 and 12 pupils considering a career in STEM. Each day will include examples of the exciting work we do, career entry options (apprenticeships/graduate programmes etc), career pathways, the different job roles available in a global organisation, and tips on CVs and interviews. It will be an opportunity to gain insight into working in a global company and ask any questions they may have.

The day will run from 9.00-15.00 at our HQ in Royston (Orchard Road, SG8 5HE) with lunch and refreshments provided, though pupils will need to make their own way to and from site. Further information will be provided to the pupils once spaces are allocated. We'll also host an optional teams call the week before to answer any questions leading up to the day.

If you think this will be of interest to your pupils, below are the links to two sign-up forms (one for Year 10s on July 4<sup>th</sup> and one for Year 12s on July 5<sup>th</sup>). Please feel free to circulate them among any individuals who might like to attend. This event has limited capacity with only 15-20 spaces available each day, but no application is necessary as they will be given on a random basis. We will aim to get back to everyone on whether they have a space or not as soon as possible. The closing date for signing up is 10am on March 15th.

[Year 10 Work Experience Sign-Up Form](#)

[Year 12 Work Experience Sign-Up Form](#)

For those who would like to look into Johnson Matthey before signing up, please see [here](#) for our website and [here](#) for our careers section.



FREE work experience, conferences, and medical, dental, and veterinary societies [here](#).

The QR code on the poster [here](#) takes to a student portal where you can get started.

Check [this link](#) to find out more!

Students are advised to check their school email accounts weekly, if not daily!

Careers information and opportunities are sent regularly and we wouldn't want them to miss the deadlines

These are copied to parents/carers as well for reference.

A few of these opportunities are listed here.



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