

# FEARNHILL SCHOOL

# Careerfile

Issue 11

20th January 2023

### **Happy New Year!**

Welcome to the Spring Term and the first edition of 2023.

### **Year 11 GCSE Mock Exams**

The GCSE mock exams took place in December. Students received their results in a special assembly on Tuesday 11th January. This was a wake up call to some of our cohort that they need to knuckle down and make these next few months count. It is not too late to improve and meet, or even exceed, target grades. See p3 for revision top tips.



### Year 11 6th Form Interviews

The 6th Form interviews will take place at Year 11 Parents Evening. Those students that have applied to stay on for Key Stage 5 will have a formal meeting with Mr Marlow or a senior member of staff. Those students not staying on here at Fearnhill will also have a meeting to discuss their initial plans.

### **Year 9 Options Pathways**

Letters have been sent to the Year 9 cohort this week with information on their option pathways. The next stage of the options process will include selecting their option choices and 1:1 interviews, more information to follow about these.

### 6th Form Prefect Interviews

Students have applied and delivered their speeches to staff in the hope of being elected as a student prefect. Interviews take place (today) Friday 20th January with successful candidates being revealed early next week. Good luck to all involved, you are **all** winners and have so much to give to the school and wider community and are prime examples of The Fearnhill Student.

Ms Balchin, Head of Careers, WRL & PSHE

### Important dates for your diary

Year 11 Parents Evening - Tuesday 24th January
Bookings system still open, see emails

Year 11 CV & Interview Prep Day - Friday 27th January
How to create an outstanding CV & prepare for interview

Year 11 Interview Day - Friday 10th February Individual interview experience

Look out every fortnight for new features - all things career-related!



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### **Useful Career Websites**

Over the course of the next few weeks we will be providing you with details of some interesting and informative websites that students may find beneficial when deciding their future plans. As well as during PSHE time this academic year, it is advisable that students put some of their free time aside to access some of these and navigate their way around the different options available to them.

**Services for Young People** is a website for all young people in Hertfordshire where they can find a wealth of information about jobs and careers, and can also register for an account; they can then prepare their CV online as well as saving job searches.

Services for Young People enables young people to succeed. It is part of Hertfordshire County Council and provides youth work, information, advice, guidance, work related learning, outdoor education and support for young people. The majority of its work is with those aged 13 to 19 and up to 25 for young people with learning disabilities. It also provides support for young people leaving care, up to the age of 21, through the Services for Young People One Stop Shops and work related learning in Primary Schools.

www.servicesforyoungpeople.org

What are you waiting for? Get surfing!!!

Any questions please see me.



Services for Young People

# **Year 10 Work Experience**

During PSHE lessons, Year 10 students are learning the importance of virtual work experience and preparing for the world of work.

The Benefits of WEX:

- 1. Employability skills
- 2. Insight into the work place
- 3. Increases your knowledge of our chosen industry
- 4. Maximises your chances of finding employment
- 5. Improves communication skills
- 6. Optimises your CV



### **Special Mentions - January**

Fabio 11R is planning his future around a career in film/media. He has spent a great deal of time researching behind the scenes (pardon the pun!) as to what opportunities are available to him at post 16 and beyond.

He is considering both college and 6th form post 16 then continuing with either university or a degree apprenticeship in this area.

Fabio is also researching local market information by looking at the opportunities in Hertfordshire that the film industry affords.



Did you know that Hertfordshire hosts some of the biggest and best names in Hollywood film, such as Warner Bros Studios where Harry Potter was filmed and Elstree Studios.

We wish Fabio all the best with his future aspirations whether it be in front or behind the camera.



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# **Top Tips for Revision**

As we start the new year and following on from the Year 11 mock results assembly, it is important that you take the necessary steps to ensure you continue to maximize your learning potential.

BBC Bitesize have some top tips for studying and revision:

#### 1) Get organised

Organisation in Year 11 is so crucial. There'll be homework, deadlines, coursework, assessments, exams, prom planning, as well as everything else that comes with being a young person and enjoying life. In short: it's busy. Having your time planned is really important, so that you can make sure everything gets done, you do it justice and you also give yourself time to enjoy what you like to do outside of school. Use your personal planner, phone calendar or a piece of paper to plan what you need to do, when for, and how it's going to get done. Think about exactly where you are in each subject, what you need to work on, and how you're going to go about it. Talk to teachers, school staff, mentors and anyone else who's there to help, and use the advice and support that's available. You can do this, and you're the one doing it, but you can't do it all by yourself!

#### 2) Understand perfection is not practical

Get this: you aren't going to get everything correct in every assessment. You still have a way to go, and mistakes are part of the process of learning. If something goes wrong, that's fine; look at what went wrong, think about why, and consider how you can make sure you learn so that it doesn't go wrong again.

#### 3) Revision starts early!

The earlier it starts, the longer you have to re-revise information. And the more time you allow that to move to your long term memory, the easier it is to recall in exams. Plan your evening's revision out and bank that knowledge for the future.

#### 4) Look after yourself

The most important thing about you is your physical and mental health, and Year 11 can be a stressful time for everyone. If you're struggling, if you're not well, if it's getting you down... tell someone. Only by talking can *anyone* help *anything*, so don't soldier on letting it get worse. Talk to someone who you trust and start to make things better.

### 5) Be yourself... and don't compare

All anyone wants from *you* is *your* best. Not your friend's. Not your sister who left school three years ago with top grades in everything – YOURS! Run your own race and don't compare yourself to anyone else. It's sometimes hard when your friends are all getting exams back and talking about what they got, but your future is not about them, it's about you, doing *your best*, and being the very best version of *yourself*.

#### 6) Enjoy it!

Massive things will happen this year which, right now, you're in control of. Take control of your future and own it. Enjoy the highs, get help through the lows, and make sure, when you reach the end, you've done the best you can.



Do you have any tips or advice that aren't mentioned above, that you feel would be beneficial to share with your peers? If so please email <a href="mailto:admin@fearnhill.herts.sch.uk">admin@fearnhill.herts.sch.uk</a> with 'Top Revision Tips' in the subject bar.



### **Empowering Positive Change through Careers Education**

### Live Virtual NHS Healthcare WEX Programme

### **1-Day Programmes**

Select the dates that suit you using this link. You can register for £10 a day!

February 5th March 5th April 2nd May 7th June 4th

#### Bundle

If you would like to attend the full month work experience programme, you can register for all 5 at a discounted price, saving you £5!

All dates



### **Apprenticeship FAQs**

### Are Apprenticeships just for young people?

No. You do have to be a minimum of 16 years old to start an apprenticeship. However, there is no real upper age limit if you are interested in training in a new career later in life. It is becoming more common now for employers to train up existing members of staff through the apprenticeship route to help further their career development.

Each edition we are sharing some of the different apprenticeships available under each sector.



Click here to help you plan for a future with a solid foundation

### Make the Future Yours - Career Magazine



Make the Future Yours! is full of information and advice to help you choose the right career. With articles, case studies and tips, we look at apprenticeships, part-time study, life skills and much more.

The magazine aims to be an informative, impartial resource for anyone looking for inspiration or advice on future career and work-related choices. We don't aim to provide encyclopaedic or highly specialist content on every topic; however, we do want to illustrate the range of what is possible and signpost you to further sources of information and guidance, who can provide that specialist advice.

"I spent many years' trying to find a suitable career path after I left school, partly due to the lack of guidance given to me at the time, now I want to help young people get the sort of advice I would have found invaluable."

- David Hewlett, CEO and Founder, Make the Future Yours!





Our vision is to enlighten and inspire young people about the opportunities open to them and to raise their aspirations, by showing them the many opportunities available and helping them and their families navigate through what can be a confusing environment.

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# Key Word of the Fortnight

# **FLEXITIME**



A SYSTEM IN WHICH EMPLOYEES ARE REQUIRED TO WORK A CERTAIN NUMBER OF HOURS BUT ARE ALLOWED TO CHOOSE THEIR OWN TIMES FOR STARTING AND FINISHING WORK.

# **Obscure / Obsolete Job Titles**



# eeler

worked on canal barges delivering goods

### **FREE Conferences**



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# **External Opportunities**



**Insight to Legal and General** - Careers in Investments, Finance and Technology Wednesday 25th January, 5pm - 6pm

Register here







# **JOBS SPOTLIGHT**



CAN YOU MAKE SEVEN SQUARES B MOVING JUST TWO MATCHES?

The lateral thinkers. The creative problem solvers. They're the ones who could go on to become great occupational therapists.

WANT TO KNOW WHAT LIFE IS REALLY LIKE AS AN OCCUPATIONAL THERAPIST?
THE INCREDIBLE EVERYDAY PODCAST WILL TELL YOU.

### HEAR FROM OCCUPATIONAL THERAPISTS

Get the inside story on an incredible Career. Join host, Vee Kativhu, as she talks to four inspirational occupational therapists to discover what they love about their chosen profession and why they think you should choose it too.

Listen to the series

# Make a difference

### **Become a Chiropractor**

Diagnose, treat and prevent mechanical disorders of the musculosketal system. Improve the health of patients and help improve their quality of life.

### Become a Sports Psychologist

Impact athletes' performance, participation and wellbeing through psychology. Help people to become more active, healthier and happier.

### Become an Exercise Scientist

Transform health and recovery through exercise and physical activity interven-

Become a Sports Scientist
Travel the world, work with
high-profile people and
experience the feeling of

experience the feeling of being in a stadium full of people. There's nothing like

# Become a Sport Rehabilitator

Develop knowledge, skills and expertise in preventing, assessing, diagnosing, and treating sports and physical activity-related injuries.

more

Students are advised to check their school email accounts weekly, if not daily!

Careers information and opportunities are sent regularly and we wouldn't want them to miss out.

These are copied to parents/carers as well for reference.

A few of these opportunities are listed here.

# Become a Therapeutic Radiographer

Transform lives by learning how to use cutting edge technology to treat conditions such as

# Become a Diagnostic Radiographer

more

95% of people will interact with a diagnostic radiographer. Transform lives of patients, working at the cutting edge of healthcare.



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# Police Constable Degree Apprenticeship Virtual Discovery Event – 9<sup>th</sup> February 5pm to 6pm!

Are you interested in a career in policing? Find out more through the degree apprenticeship policing pathways at this virtual event.

#### The event will cover:

- Police Constable Degree Apprenticeship launch or change career with this 3-year, on the job degree apprenticeship
- Degree Holder Entry Programme convert your existing undergraduate degree with our 2-year DHEP programme.

### You'll find out more about:

- how the apprenticeship pathways are structured
- which pathway is best for you
- the recruitment process and how to apply
- what it's like to be a police apprentice.



**Book your place** 



ARU Peterborough Discovery Taster Days for all Year 12 & 13 students!

These consist of a subject taster, an insight into the application process and a tour where you can get a feel of what to expect when studying on campus.

These are aimed at **Yr 12 & 13 students** and run from 10am-2pm. Lunch is included.

### 8th February

Accounting & Finance: What do we count, how do we count? Counting is at the very core of the profession. In this session we will look at the role of counting in a range of industries and see how it is not always easy or straightforward. We will also discuss the many careers it can lead to.

# Watch this space for dates later in Spring 2023 for the below subjects!

- Environmental / Agriculture
- Engineering
- Construction & the Built

**Book your place** 

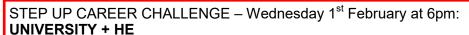


FIRST STEP CAREER CHALLENGE – Monday 30<sup>th</sup> January at 4.30pm: **YEAR GROUPS 7-9** 

Who should be the main sponsor of Britain's Got Talent in 2023? Register now

NEXT STEP CAREER CHALLENGE – Tuesday 31<sup>st</sup> January at 5pm: **YEAR GROUPS 10-13 + FE** 

ITVX – Ads or No Ad's that is the question! Register now



How do ITV promote their new streaming platform ITVX effectively to viewers? Register now





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### Experiences

Ages 7-18

EDT experiences as previously known as First Edition, Routes into STEM, Headstart and Inspire, are designed to raise awareness and inform young people how STEM is relevant, interesting, and leads to a rewarding career. Throughout EDT experiences, young people get the opportunity to work on hands-on challenges, take part in taster courses whilst interacting with STEM professionals and educators.



Find out more

### **Projects**

Ages 13-17

EDT projects as previously known as FunSTEM, Engineering Education Scheme (EES) and Go4SET enable young people to take part in real-life challenges whilst being mentored by industry professionals. The projects take place during the academic year and are led by industry experts to help young people develop their skills and gain a better understanding of STEM. By taking part in projects, students develop project management, communication, team-working, time management, presentation, report writing skills and more.

Find out mor

#### **Placements**

Ages 16 plus

EDT Year in Industry (YINI) placements are for post A-Level/Higher/Advanced Higher or equivalent school leavers and undergraduate students looking for professional development within the STEM industry. We offer students a 10-12 month paid work placement opportunity within their intended career sector. Placements are available for students who are interested in all areas of STEM as well as business and finance. Our placements offer students the skills and knowledge that employers are looking for.



### WHAT STUDENTS SAY ABOUT OUR EXPERIENCES

"I learnt loads and had fun learning how to code robots."

"Learning more about the STEM industry itself, the larger companies which I had never heard about prior now seem like potential career opportunities."

# WHAT THE EMPLOYERS SAY

"We have delivered some wild and innovative sessions as part of the Programme which we hope have encouraged the students to progress their passion for STEM."

95%

of students felt confident about making future career choices following their course

99%

of students felt they know more about the STEM careers opportunities available to them

# **Virtual Routes into STEM 2023**

### Whose it for?

- Students in Year 9 or 10 or S3 or S4 who are interested in exploring a career in STEM (Science, Technology, Engineering and Maths)
- All you need is an interest in STEM and curiosity about the future. The course is also open to all academic abilities

### What's involved?

- Approximately 20 hours of study virtually at a pace that suits you over 3 weeks
- Exploring different Routes into a STEM career including College Courses, University Courses, and Apprenticeships and learning from industry what is involved in a STEM career as well as enhancing your skills
- The course includes live interactive sessions over the half-term break allowing you to listen and ask questions to STEM students and professionals
- Once you have been inspired by these different Routes you will get to work on a project set by a STEM company to look further at a career area that interests you

### What do you get out of it?

- A chance to find out about different Routes into a STEM career from industry experts, college and university leaders, as well as young people who are currently on that path
- Engage in projects and activities that will enhance your problem-solving, critical thinking, creativity and innovation skills and inspire you to find career motivation
- Projects include a Biopharm challenge from GSK, a Design challenge from Balfour Beatty, an RSC Chemistry challenge and many more exciting challenges in all areas of STEM.
- A chance to create your own personalised action plan to see your own Route into STEM
- Be able to learn about your career skills and how you could write about this in your CV/ Personal Statement or Application form
- Once completed you will receive an Industrial Cadets Bronze Award showing all that you have achieved on the course

### When is it?

- Thursday 9th February Tuesday 7th March 2023 with live sessions on the 13th 17th
  February 2023, and 20th 24th February 2023 (dependent on when your February half-term
  week falls).
- Thursday 13th July Tuesday 8th August 2023 with live sessions on the 24th 28th July 2023.

### Cost

£70 towards the cost of administration and the Industrial Cadets Bronze award.

#### **Bursaries**

Bursary places are available, please indicated your interest on the application form.

### What previous students have said

"This course has increased my knowledge of my future in STEM by huge amounts, and I now know the huge variety of paths I can take. Not only this, but it has encouraged me to research much deeper into subjects I knew little about before which I am now seriously considering taking part in in the future, such as apprenticeships."

"I think the Routes into STEM has definitely inspired me to see a future into STEM. I think what they do is amazing and I would love to be a part of it."

"I have learnt about all of the different aspects that the STEM industry has to offer. I also love that there are jobs that haven't even been created yet."

"My Industrial Cadets experience has made me continue to want to pursue a career in STEM and I do see my future in STEM."

Scan the QR code to apply!





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