

### **Autumn latest**

Welcome to the latest edition of Fearnfile. As always, there is lots to celebrate and share at this busy time of the term.

Inside you can read about recent visitors from Wilbury School, who enjoyed a carousel of activities including playing the ukulele, designing a video game and singing (page 10).

We also welcomed The Marine Society who worked with our Year 7 students on some exciting science projects (page 2), expanding their knowledge and learning in a different way. On the other hand, we also had major success in the Technology Tournament held at The Priory School, where we were successful against other (much larger) schools and our students triumphed. Full details inside on page 3.

More activities outside the classroom included the announcement of Club Champions (page 4) for some of our extracurricular clubs, encouraging students to be involved whatever their area of interest. There is a club for everyone!

Students also took the opportunity to have fun and raise money at the same time for Children in Need (page7) with lots of activities including Pudsey biscuits being made, bought and eaten throughout the day!

As we start the run down towards Christmas, our Christmas lunch arrangements have now been confirmed and letters have been sent home with detailed arrangements.

On the subject of Christmas, we are again running our Christmas Card Design Competition (page 8) where winning entries will be commercially printed and sold; make sure you get your entries in on time.

Finally, we have made available on the website the very valuable 'Knowledge Organisers' for each unit in every subject across the curriculum (page 3). We hope this will help parents and carers understand and support their children with their learning as the Organisers summarise



the key ideas and knowledge that students will need for each unit of learning. Do take a look and let us know if you have any queries.

Stay warm and thank you as always for your support.

Liz Ellis, Headteacher

#### **Christmas lunch arrangements**

As part of the School's Christmas celebrations, we are planning a special Christmas lunch for students for Years 7 and 8 on Monday 19th December and for Years 9,10,11 and 6th form on Tuesday 20th December.

A letter has been sent to all parents/carers but it is important that students know that there is only Christmas lunch available on these two days and if they have not paid in advance and are not in the appropriate year group, they must either purchase food in the canteen at break time or bring a packed lunch with them.

Week beginning 28/11 - week 2 Week be-

## **Student Awards**

| w/e 11 November     |                       |             |
|---------------------|-----------------------|-------------|
| Student of the Week | Mohamad 8H            | 26 points   |
| Form of the Week    | 8H                    | 326 points  |
| House of the Week   | Neville               | 1017 points |
| Teacher of the Week | Miss Christie English | 404 points  |
| w/e 18 November     |                       |             |
| Student of the Week | Faith 8N              | 22 points   |
| Form of the Week    | 8N                    | 235 points  |
| House of the Week   | Howard                | 941 points  |
| Teacher of the Week | Miss Cross MFL        | 387 points  |
|                     |                       |             |

Have you got what it takes to be Student of the Week? Try your best in all lessons and extra-curricular activities and you could find yourself nominated and crowned!

## Science

#### Y7 and Y8 students took part in interactive workshops with the Marine Society and Sea Cadets.

Their work focussed on buoyancy and the Archimedes principle, learning all about what makes ships float, where our food is imported from and what potential career paths they could have in this field.

Y7 had the following to say:

I liked making the boat because it involved team working and it was a lot of fun.

I liked making the boat and adding the marbles at the end. I'm pretty sure we came first!

*I enjoyed the part where she was telling us the funny story about Archimedes jumping out of the bath.* 

The younger years were supported by some of our wonderful Y10 STEM ambassadors who seemed to enjoy the activities just as much as their smaller companions, proving that even as you get older science is still lots of fun!

#### Miss Cotter



## **School News**

#### **Knowledge Organisers at Fearnhill**

#### You may have noticed some additions to the school website; we now have a page dedicated to knowledge organisers. So what are knowledge organisers and why are they useful?

A knowledge organiser sets out the important, useful and powerful knowledge on a topic on a single page. For students to succeed in their study of a unit of work, they must have a foundation of factual knowledge, be able to understand those facts and use it when needed in the future.

Knowledge organisers are a really useful way to share and organise this knowledge with students, parents and carers. These documents are organised in a way that helps students to learn the facts and are often used in class as a reference to help them to answer questions.

There has been a lot of research on the use of knowledge organisers, especially how they can be helpful for independent work, such as homework. Often, students will be asked to learn the knowledge in chunks and then do quizzes for homework tasks. This will help them to transfer this key knowledge to their long term memory. Hopefully, parents and carers will find them useful as a way of knowing what their sons/daughters are studying each term. This half terms' knowledge organisers for each subject can be found by scanning the QR codes below. **Mrs Nunneley** 



Year 7



Year 8







Year 9

Year 10



### Technology

Fearnhill was invited to participate in the annual Rotary Technology Tournament which took place at The Priory School. Four other local schools also entered teams from each key stage to design and build mechanisms for given tasks.

Key Stage 3 pupils were challenged with sending a golf ball through a ring, reach a height of 3m and be triggered 1m away; Key Stage 4 pupils had the additional challenge of including a parachute; and Key Stage 5 pupils had the extra challenge of sending the golf ball up in a capsule which would separate at 3m and parachute back down within a given area.

I am very happy to report that our Key Stage 3 pupils dominated their task and came 1st and our 6th form team sadly missed out on first place by one point but gained a very well deserved 2nd place. Overall Fearnhill performed excellent throughout the tournament and should be extremely happy with themselves. Mr Rayner



## Extra Curricular Activities

| CLUB SUPERSTARS     |                |   |  |  |
|---------------------|----------------|---|--|--|
| Year 7 Superstar    | Thomas 7S      |   |  |  |
| Year 8 Superstar    | Jamie 8P       |   |  |  |
| Year 9 Superstar    | Ruby-May 9N    |   |  |  |
| Lego                | Thomas 7U      | Comes to the club and creates imaginative and original ideas in Lego.   |  |  |
| Jigsaw              | Jack 8H        | Hasn't missed a single week and always finds all the pieces we are looking for so we can make great progress with the jigsaw puzzle           |  |  |
| Rugby               | Braeden 7T     | Great attendance, performance and willingness to support others.  |  |  |
|                     | Kian 7T        | Always keen to learn new skills, confident in his own abilities and helping others to improve.  |  |  |
| Football            | Kian 7T        | Excellent attendance, standards and leadership within the group.  |  |  |
| Basketball          | Ronnie 7U      | Fantastic commitment and excellent quality of leadership within the group and organisation of the team.                                       |  |  |
| Basketball          | Luke 8N        | The improvement he has made is dramatic; his skills and game knowledge coming on in leaps and bounds.   |  |  |
| Sustainable Society | Kacey 11U      |   |  |  |
| School Production   | Lola-Rose 8P   | For her enthusiasm and commitment to the show.  |  |  |
| Choir               | Ross 7R        | Comes to choir every Monday and sings his heart out.  |  |  |
| Science             | Tiaami-Rose 7T | She is always smiling and always follows instructions and works hard.   |  |  |
| Debate              | Chloe 10G      |   |  |  |
| Ukulele             | lvy 7U         | For bringing more friends and working really hard.  |  |  |
| Architecture        | Thomas 7U      | He has demonstrated a creative and independent approach from the very start which has produced a fun and detailed miniature build (photo opp) |  |  |

### **CLUB SPOTLIGHT**



### Boy's Choir

Boy's Choir is a dynamic and engaging choir consisting of male students from all year groups.

We rehearse every Monday lunchtime and sing all different styles of music.

Yes, playing football every lunchtime is great, but come and sing for this team instead!

## **Extra Curricular Activities**

#### **Sustainable Society**

The Sustainability Society meets Wednesday lunchtimes every week. So far this year we have 'bombed' all classrooms and rooms in school with our switch off labels to encourage students and staff to switch off computers, projectors and light switches. Our current area of attack is trying to introduce a meat-free day once a week in our canteen. We are well aware of the negative impact on biodiversity and climate change that a meat diet has. Therefore we are in the process of surveying the school population - students and staff - to see whether they would consider moving away from meat for one day a week. Watch this space!!!

#### Psychology masterclass - Where you are the expert

Psychology masterclass is an opportunity to find out about the psychology you are interested in. You have the opportunity to research a question or topic which isn't on the A-level specification. Having carried out independent research you will then design and deliver a 15-minute presentation to the rest of the group. A list of ideas will be available on Masterclass Google classroom, and research support will be given during the sessions.

This is a chance to develop skills, broaden your knowledge and learn from each other. Think big - Think Ted Talk! Key stages 4 ad 5 are welcome. H5 on Friday lunchtime.

| Day              | Club                                    | Year Group | When                 | Where     |
|------------------|---|------------|----------------------|-----------|
| M o n d a y      | Badminton/Table Tennis                  | 7-13       | Lunch                | PE        |
|                  | Dungeons & Dragons                      | 7-13       | After school         | Lib       |
|                  | Fearnhill Boys Choir (FBC)              | 7-11       | Lunch                | MU1       |
|                  | History                                 | 7-11       | Lunch                | H2        |
|                  | Homework                                | 7-11       | Lunch & after school | Inclusion |
|                  | Netball                                 | 7          | After school         | PE        |
|                  | Rugby                                   | 7          | After school         | PE        |
|                  | Sport Studies Elevate<br>Theory Session | 11         | Lunch                | PE        |
| т                | Craft                                   | 7-11       | After school         | Lib       |
| u<br>e           | Gardening                               | 10-13      | After school         | Library   |
| s<br>d<br>a<br>y | Homework                                | 7-11       | After school         | Inclusion |
|                  | School Production                       | 7-13       | Lunch                | Hall      |
|                  | GCSE PE Elevate<br>Theory Session       | 11         | Lunch                | PE        |
|                  | Rugby                                   | 7-9        | After school         | PE        |
|                  | Science                                 | 7-9        | Lunch                | S3        |
|                  |   |            |                      |           |
| We               | Architectural modelling                 | 7-9        | After school         | T7        |
| d                | Basketball                              | 8 & 9      | After school         | PE        |
| n<br>e           | Dance                                   | 7-11       | After school         | PE        |
| s                | Gymnastics                              | 7-11       | After school         | PE        |
| a                | Homework                                | 7-11       | Lunch & after school | Inclusion |
| У                | Netball                                 | 10-13      | Lunch                | PE        |
|                  | Photography                             | 8&9        | After school         | T5        |
|                  | Reading                                 | 7-11       | After school         | Lib       |
|                  | School Production                       | 7-13       | After school         | Hall      |
|                  | Sustainable Society                     | 7-13       | Lunch                | H1        |
|                  | Ukulele Jam                             | 7-13       | Lunch                | MU2       |



Architecture club is for anyone who has an interest in designing and creating structures. Anything from small minimalist buildings to detailed high rise towers, can all be planned and built.



**History club** is a lunchtime club where students give their own presentations on areas of history that they are interested in.

| Day                   | Club                                     | Year Group | When                 | Where     |
|-----------------------|--|------------|----------------------|-----------|
| Thursday              | Badminton/Table Tennis                   | 7-13       | Lunch                | PE        |
|                       | Debating Society                         | 7-13       | Lunch                | English   |
|                       | Fearnhill Voices                         | 7-13       | Lunch                | MU1       |
|                       | Football                                 | 7-9        | After school         | PE        |
|                       | Homework                                 | 7-11       | After school         | Inclusion |
|                       | Jigsaw Puzzle/Lego                       | 7-11       | Lunch                | Inclusion |
|                       | Netball                                  | 8 & 9      | After school         | PE        |
|                       | School Production                        | 7-13       | After school         | Hall      |
|                       |  |            |                      |           |
| F                     | Basketball                               | 7          | After school         | PE        |
| r<br>i<br>d<br>a<br>y | Chess                                    | 7-13       | Lunch                | M4        |
|                       | Christian Union                          | All        | Lunch                | H4        |
|                       | GCSE PE Elevate<br>Practical Session     | 11         | Lunch                | PE        |
|                       | Homework                                 | 7-11       | Lunch & after school | Inclusion |
|                       | Psychology Masterclass                   | 10-13      | Lunch                | H5        |
|                       | Relax it's Friday<br>(Colouring & audio) | 7-11       | After school         | Library   |
|                       | Sixth Form Activities                    | 12 & 13    | Lunch                | PE        |

## Sixth Form



## FEARNHILL School

## SIXTH FORM APPLICATIONS ARE NOW OPEN SCAN HERE FOR FURTHER INFORMATION



Fearnhill School, Icknield Way, Letchworth Garden City, Hertfordshire SG6 4BA 01462 621200 admin@fearnhill.herts.sch.uk

### In brief ...

Have you ever considered supporting the school by joining our Governing body?

As students leave us each year, vacancies arise for the role of parent governor. School governors play a key role in the community and can shape the direction of a school, supporting the development of Fearnhill in all kinds of ways.

The time commitment involved is not huge and it is a great opportunity to become part of something worthwhile and rewarding. Further information about the governing body can be seen on our website: *www.fearnhill.herts.sch.uk/about/school-governors/* 

Ms Ellis will be delighted to talk to you in more detail about what the role involves; please email her on head@fearnhill.herts.sch.uk, or our chair of governors, Nye Hathway, on nye.hathway10@fearnhill.herts.sch.uk to arrange a chat.

The school musical production this year is The Addams Family A Comedy Musical. If you go through any wardrobes at home anytime soon and find anything pale grey or white that are surplus to requirements we would happily take them from you. There are a large group of ghostly ancestor characters - so any dresses, skirts, jackets, trousers, shoes etc would be very useful.

Calling all former students - have you collected your exam certificates? These are important legal documents and we have a number still waiting to be picked up. Contact Mrs Bremner, Data & Exams manager, *kerri.bremner10@fearnhill.herts.sch.uk* for details of how to collect them.

Have you enjoyed a tub of chocolates recently? Our food department would love to have your empty tubs - they are useful for students taking their food items home. Please bring them into the School Office.

Do you have piles of newspapers cluttering up your house? Our Art department is looking for newspapers (not magazines) for forthcoming projects—please hand into the Art department or School Office. Thank you.

### Children in Need









The school was well and truly buzzing with Children In Need fundraising efforts. Pudsey biscuits, a Disney sing-a-long, more Pudsey biscuits, House dodgeball and even more Pudsey biscuits - topped off with a non-uniform day. Congratulations to Bruna 8P who won a giant Pudsey cookie for being the most enthusiastic participation in the sing-a-long. Well done to everyone who took part and raised an incredible £596 for the charity.











# Can you design the official Fearnhill School Christmas Card? Amazon vouchers to be won!

## Entries should be made on A5 paper or card - why not pop into the Library and make one there?

All entries must be handed into Mrs Thurlby in the Library by the end of school on Tuesday 29th November Remember to put your name and form on each entry!

Amazon vouchers for the overall best design and best design in each key stage.

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## Library

The Library is open before school from 8am and after school until 4pm. You can also visit the library during break and lunch times to read a book, do some homework on the computer or play a card or board game (sorry, no computer games!) Mrs Thurlby, Library & Literacy Assistant Library Advent Reading Challenge Join Google classroom muol6g7 to take part. Everyday a christmassy short story

or extract will be revealed for you to read.

If you answer the optional question (based on what you have read) correctly, you will win a prize.

## Word of the Week



DEVOUR: to eat hungrily or gobble up.



THANK YOU



Blustery: like gusts of wind that turn your umbrella inside out.

### **Primary Liaison**

On Thursday 17th November, 77 year 5 pupils from Wilbury School came to Fearnhill to experience a morning of singing, playing the ukulele and creating their own video game! The morning was a success and the corridors were filled with beautiful singing voices and classrooms buzzing with excitement and enthusiasm. Pupils and their teachers met in the canteen at the end of the morning where Mr Marlow organised a final sing-a-long with the whole year group - it was quite a moment!

Huge thanks go to the teachers, Mr Marlow, Mrs Landsman and Mr Hipperson for their time and energy. Thanks also goes to our wonderful sixth form helpers who supported the year 5s in the sessions: Chenai, Kelis, Raymond, Natalia, Daniel, Aaron, Tabitha and Ezekiel.

Some feedback from the year 5s:

'I had the best time. I loved making my own video game.'

'The singing workshop was my favourite session. Mr Marlow is brilliant!'

'I can't wait to tell my mum that I learnt to play the ukulele today'

'I can't wait to come here in year 7!'

Thank you to the Wilbury teachers and pupils for making the effort to walk here in the early morning rain!

#### Mrs Nunneley



### Music



### Tuesday 20th December

#### 7pm

Fearnhill Students invite you to join us for an evening of music, drama and dance! Sing carols, enjoy refreshments and get in the Christmassy mood while being entertained by our wonderful students.

Tickets available on School Gateway Adults - £4 Under 18 - £2

### AT FEARNHILL!

We have fantastic tutors from Herts Music Service ready to teach you to play an instrument or sing! Learning an instrument is a great **hobby**, good for your **well being** and will boost your **confidence**.

The drum teacher currently has space, and we have many brass and string instruments available to lend to students to begin their musical journey - however many other instruments are also available!

If you are interested in learning an instrument, please apply via the link <u>https://ukhertfordshire.speedadmin.dk/registration#/</u> (Scroll down to the purple box and find Fearnhill)



### Sport

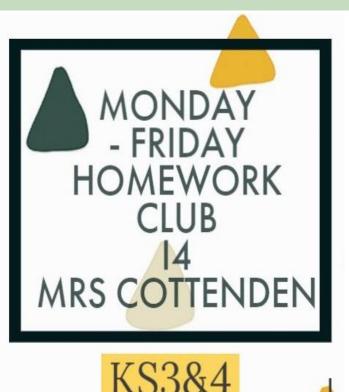


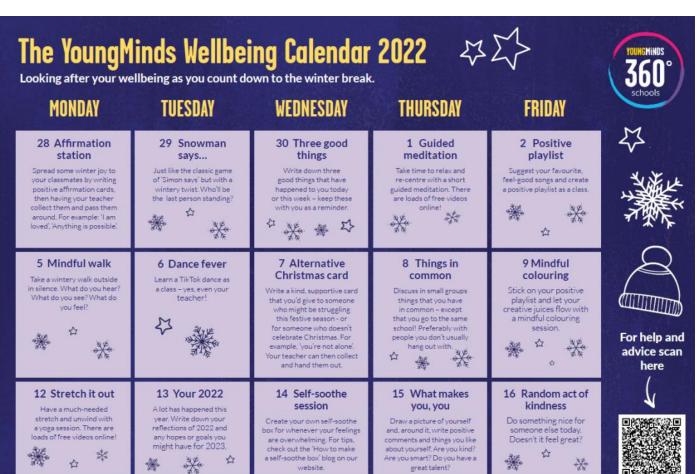
Student Support and Inclusion are now in the main school building - students can find Mrs Tollervey & Ms Brown and their teams upstairs next to Homework Club.



We are proud to offer the National School Breakfast Programme - offering all students a free, healthy breakfast.

Breakfast Club is in the Canteen every morning from 8am or you can collect your free bagel from the SSC





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It's Just Talk week - here is some guidance for parents if their child tells them they are not Ok. Students have been discussing during tutor time how important it is to mental health to Just Talk .





# SO, YOU'VE ASKED YOUR CHILD HOW THEY ARE, AND THEY TELL YOU THEY'RE NOT OK — WHAT NOW?

#### 2. LISTEN

Young People Health and Wellbeing Survey, that 3 in 5 young people would want to take to a parent or carer if they were struggling with their mental health.

Talking about how we are feeling is important, but sometimes we can be nervous of asking questions because we are worried that we could say the wrong thing or make things worse. This is a step-by-step guide to give you the confidence to know how to respond if your child tells you they're strugging.

We know from our annual Hertfordshire

#### **1. ASK OPEN QUESTIONS LIKE:**

- 66 What's been going on lately? ??
- 66 You don't seem your usual self, how are you doing/feeling? 99



1

#### We underestimate the power of simply listening to someone else when they're going through a rough time. You don't need to be an expert in mental health to be a good listener. Here are some tips:

If you don't have time to talk at that moment, arrange a time when you do. It's better to do this than to leave your child feeling rushed.

 Listen actively. Pay attention, be present and allow your child time to speak.

 Be curious and ask questions. This can really help you to try to understand things from their perspective.

#### **3. DON'T TRY TO FIX THE PROBLEM**

Often our first instinct is to want to fix a person's problems. It hurts to see someone we love in pain, and we can feel awkward or helpless not knowing how to help. But you don't have to have all (or any) of the answers.

Instead of jumping into "flx it" mode right away, accept the conversation may be uncomfortable and allow them to speak about their difficulties and experiences.

### 4. ASK THEM WHAT THEY THINK MIGHT HELP THEM

They may not be able to think of anything, and that's ok. Some problems or feelings are very difficult.

#### 5. LET THEM KNOW ABOUT SELF-HELP Tools and support information

There are lots of things that research has shown can help to boost our wellbeing and/ or cope with challenging times. The Just Talk Herts website (justtalkherts.

org) has a host of mental health and wellbeing resources, including:

- Five Ways to Wellbeing E-learning, to learn about self-help techniques to boost wellbeing
- Sleep tips and tricks
- Just Talk journal
- You can also follow Just Talk on Instagram, Twitter and Facebook at @JustTalkHerts – we share advice on how to look after your mental health and signpost onto further resources which can help.

#### Other useful sites:

- Anna Freud Centre <u>Self Care, Anxiety,</u> Depression, Coping Strategies | On My Mind | Anna Freud Centre
- www.healthforkids.co.uk and www. healthforteens.co.uk

There is also lots of support available, either through your child's school or through other agencies across Hertfordshire. A few are listed here, but you can flnd details of more on <u>www.justtalkherts.org</u>:

- <u>Services for Young People</u> offer a range of emotional wellbeing support as well as programmes and activities over the summer.
- Herts Mind Network offer messaging and telephone support-<a href="https://www. hertsmindnetwork.org/services-for-young-people/">https://www. hertsmindnetwork.org/services-for-youngpeople/</a>
- Chat Health text messaging support for secondary school aged young people 07480 635 050
- Kooth online support for 10-25 year olds: <u>https://www.kooth.com/</u>

#### 6. IF YOU'RE REALLY WORRIED ABOUT YOUR CHILD.

you can talk to someone about your concerns – your GP, your child's school/ the school nursing service, or for more specialist support and mental health services, there is the SPA (single point of access): HPFT's freephone 24/7 helpline: 0800 6444 101

#### 7. CHECK IN AGAIN.

Once your conversation has ended, follow up at a later point to see how they're doing.

#### 8. REMEMBER TO LOOK AFTER YOUR OWN Wellbeing.

It is never possible to support someone else if our own wellbeing is suffering. If you need some support or want to access a range of free e-learning courses, you could try the new online platform Togetherall. This is free to access and suitable for anyone aged 16+.



NESSIe

2.

#### NESSie & Angels Free Parent Online Workshops Autumn 2022 Supporting Children with ASD / ADHD

These free workshops are designed for parent/carers of children and young people awaiting assessment or displaying traits of ASD and/or ADHD. They are all delivered online via Zoom.

| Date and time                                       |
|---|
| Tuesday 27 <sup>th</sup> September<br>1.00 – 2.30pm |
| Wednesday 5 <sup>th</sup> October<br>7.30 – 9.00pm  |
| Tuesday 18 <sup>th</sup> October<br>1.00 – 2.30pm   |
| Tuesday 8 <sup>th</sup> November<br>1.00 - 2.30pm   |
| Tuesday 22 <sup>nd</sup> November<br>1.00 – 2.30pm  |
| Tuesday 6 <sup>th</sup> December                    |
|   |

These workshops are funded by Hertfordshire County Council and open to parents/carers living in Hertfordshire.

Places must be booked in advance. Please click on the relevant workshop or visit our website: <u>https://nessieined.com/workshops</u>



AUTISM & ADHD SUDPORT for parents/carers of children with ADHD and/or on the Autistic Spectrum



Andre and Jasmine from Services for young people attended a lunchtime session in the Fearnhill library, promoting the free groups that they run across Letchworth and Hitchin. For further information please see their programme below.

Letchworth Street Project Howard Park and Gardens, Norton Way South, Letchworth Garden City, SG6 1NY Monday 3.00pm – 5.00pm For young people aged 13 – 17

Let's Get By Together - LGBT+ Project Phone 01438 843340 or email sfyp.northherts@hertfordshire.gov.uk for details Monday 7.00pm – 9.00pm For LGBT+ young people aged 13 – 17

Baldock Project – Knights Templar The Knights Templar School Baldock, SG7 6DZ Tuesday 3.15pm – 5.15pm For young people aged 11 – 15

#### Wellbeing Project

Hitchin Young People's Centre Nightingale House, Nightingale Road, Hitchin, SG5 1SD Tuesday 6.00pm – 8.00pm For young people aged 11 – 14

#### North Herts Youth Council

Letchworth Young People's Centre Letchworth Town Hall, SG6 3BF Tuesday 6.00pm – 8.00pm For young people aged 11 – 17

#### Hitchin Street Project

King George Playing Fields, Old Hale Way, Hitchin, SG5 1XL Wednesday 3.00pm – 5.00pm For young people aged 13 – 17

#### **Royston Wednesday Project**

Coombes Community Centre, Burns Road, Royston, SG8 5PT Wednesday 6.00pm – 8.00pm For young people aged 11 – 14

#### LD Project

Hitchin Young People's Centre Nightingale House, Nightingale Road, Hitchin, SG5 1SD Wednesday 6.30pm – 8.30pm For young people aged 13 – 17 with learning disabilities

#### Norton Common Street Project

Norton Common Area, Icknield Way, Letchworth Garden City, SG6 4UF Thursday 3.00pm – 5.00pm For young people aged 13 – 17

#### NH DofE Project

Hitchin Young People's Centre Nightingale House, Nightingale Road, Hitchin, SG5 1SD Thursday 6.30pm – 8.30pm For young people aged 14 – 17 email dofe@hertfordshire.gov.uk for details

#### Westmill Music Project

Westmill Community Centre, John Barker Place, Hitchin, SG5 2PE Thursday 6.00pm – 8.00pm For young people aged 13 – 16

#### Westmill Project

Westmill Community Centre, John Barker Place, Hitchin, SG5 2PE Friday 6.30pm – 8.30pm For young people aged 11 – 14

#### Letchworth Friday Night Project

Mrs Howard Memorial Hall, Norton Way South, Letchworth Garden City, SG6 1NX Friday 7.00pm – 9.00pm For young people aged 14 – 17

For details of all our projects and the content of the curriculum programmes, please visit www.servicesforyoungpeople.org

### **COST OF LIVING SUPPORT**



Are you worried about the cost of living?

# Would you benefit from free practical advice that could save you money?

Join us and find out how we can help! For more information and to book call/text 07551 275413 We explore:

- Government Support
- Ways to reduce your costs
- Ways to increase your income
- . How to budget
- Useful Apps
- Avoiding scams

citizens

advice

• Where to get more help

North

Hertfordshire



## Letchworth Foodbank Appeal

<u>LAAAAAAA</u>

#### Urgent Requests

UHT Longlife milk (not skimmed) & Longlife Juices Jams & Marmalade Dried potatoes & Dried milk Sponge puddings

#### Other Requests

Tinned - meat, fish, Spaghetti, beans, Chilli, Curries, Soups, Fruit and Rice pudding Tea bags Coffee Pasta Sugar Squash/Cordial Chocolate spread Tomato Ketchup Toiletries – toothpaste, soap, Shampoo and Shower gel Baby wipes

Thank you

### **COST OF LIVING SUPPORT**

Tuesday 13th December @ 7pm Online & Thursday 15th December @ 10am Create Community, Station Road, SG6 3BB



Are you worried about the cost of living? Would you benefit from free practical

advice that could save you money?

Join our workshop & see how we can help! For more information and to book call 07551 275413 or use the QR code below













#### IT'S OKAY TO BE DIFFERENT AT FEARNHILL

DIVERSITY RUNS EVERY WEEK 1 WEDNESDAY LUNCH IN 11 Everyone is welcome

We aim to provide a safe place to talk about our differences, learn about each other and to discuss how diversity can be celebrated at Fearnhill

### **External Opportunities**

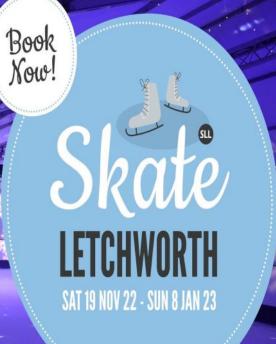
### YUMMY MUMMY'S YOGA

Every Friday 9:30 -10:30am Starting 2nd December Letchworth Prices start from £6

## BEGINNERS MORNING YOGA



Contact Amy 2 07388 258088



300M<sup>2</sup> COVERED REAL ICE RINK • SKATE AIDS AVAILABLE • FAMILY FUN

#### **Upcoming Events**



26th NovemberCHRISTMAS LIGHTS SWITCH ON

Join us for our annual Christmas Lights switch on throughout Letchworth Town Centre. You'll find Christmas Craft and Food & Drink stalls, live music and a Christmas Parade. As well as the chance to meet Santa Claus. Lights switch on at 5pm.

Planning for the event is well underway but we still have space for more food and drink vendors, stall holders & crafters.

If you're interested in being part of the event do get in touch events@loveletchworth.com or call us on 01462 486999.

# CHRISTMAS PARTY

Tickets are to be purchased in advance parrysj@yahoo.com 07875222519 Adult entry £2.50 Child entry £5.00 Present from Santa £2.50 per child 16TH DECEMBER FROM 7PM Food, games, disco and that all

important visit from

Santa

LETCHWORTH RUGBY CLUB. LEGENDS LANE. BALDOCK ROAD LETCHWORTH. SGG 200

### **External Opportunities**

HITCHIN CHRISTMAS CAMPS

### 10% SIBLING DISCOUNT

### **MULTI-SPORTS CAMP**

An action-packed day of fun and exciting sports activities for children aged 5-13 years. Try out dodgeball, rounders, volleyball, badminton, tennis, hockey, ultimate frisbee and loads more!

<u>(</u>9:00 - 16:00

Early Drop-Off and Late-Stay Available

S-13 Year Old
Hitchin Girls' School

W1: Thu 22nd - Fri 23rd December W2: Wed 28th - Fri 30th December



### SCAN ME

## TENNIS CAMP

CHILDCARE AND

TAX-FREE VOUCHERS

The camp delivers tennis in a fun environment with a mixture of tournaments, tennis based games, technical sessions and challenges. It is

ideal for any level of player.

#### <u>9:00 - 12:00</u>

Early Drop-Off Available

5-8 Year Old and 9-14 Year Old Hitchin Girls' School

### W1: Thu 22nd - Fri 23rd December W2: Thu 29nd - Fri 30th December





SCAN ME

**uPlay Sports** 

Ages 9-14



SCAN ME

uplaysportsUK WWW.UPLAYSPORTS.CO.UK

More information : 01462 374049 OR OFFICE@UPLAYSPORTS.CO.UK

## Thought of the Month



"Every day is a chance to begin again. Don't focus on the failures of FEARNHILL yesterday, start today with positive thoughts and expectations"

### Calendar

| 25                           | Inset Day SCHOOL CLOSED      |  |
|------------------------------|------------------------------|--|
| 28                           | Occasional Day SCHOOL CLOSED |  |
| 30                           | Year 11 MFL speaking mock    |  |
| 5-16 December                | Year 11 mock exams           |  |
| 20                           | Christmas concert            |  |
| 21 December                  | End of Term (early closure)  |  |
| Spring term 2023             |                              |  |
| 6 January                    | 8.30am term starts           |  |
| 13-17 February               | Half term                    |  |
| 31 March                     | End of term                  |  |
| Summer Term 2023<br>17 April | 8.30am term starts           |  |
| Contact Us                   |                              |  |
| 01462 621200                 |                              |  |

admin@fearnhill.herts.sch.uk

Fearnhill School Icknield Way Letchworth Garden City Hertfordshire SG6 4BA

Please ensure that we have your current address, mobile phone number and email address.

Any updates can be sent to the Main Office.





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